

My name: \_\_\_\_\_

**In-class survey: Professional Development (Session 10, Week 6)**

What goal did you set yourself in your Professional Development Plan at the start of February?

What has been most successful for you in this effort so far?

What challenges have you encountered in working on this focus area?

Do you think your teammates have seen an observable change in your behavior?

How will you embed this skill or habit into your own set of personal professional practices while in the field?

Whom might you enlist to help support you and what will you ask him/her to do?

For your reference from the Professional Development Plan Assignment

Recall that we asked you to select one specific skill, practice, or habit in one of these areas:

- **giving and getting feedback:** seeking “bad” news; offering a peer your feedback; separating the descriptive from the evaluative.
- **building shared commitment:** motivating a peer to take action; setting shared goals; addressing setbacks and complexity; shoring up relationships and trust with stakeholders.
- **getting results at every step:** following up after every interaction; using agendas and other meeting planning techniques; making every phonecall and interaction effective; figuring out how best to test your ideas early and often, so that you eliminate poor options and focus on the best choices for your team and your host.

MIT OpenCourseWare  
<http://ocw.mit.edu>

15.S07 GlobalHealth Lab  
Spring 2013

For information about citing these materials or our Terms of Use, visit: <http://ocw.mit.edu/terms>.