

09/22 Disease and the Environment

Health Intuition

- Does getting cold and wet increase your risk of getting a cold?
- Are people raised in warm climates less tolerant of cold weather?

Colonial Perspectives

- Environment as source of health and disease
- Dangers of New England winters
- Dangers of Virginia summers
- Sources of health: clear air, fresh water, summer breezes, corn
- Migration, new environments, and seasoning

Disease Theory in Colonial America

- Hippocrates, *Airs, Waters, Places*
- Humoralism
- Adjustment of bodies to environments
- Dangerous environments, or unwise behaviors?

Were Environments Dangerous? Modern Perspectives

Race, Environment, and Disease

- Initial ideas of racial similarity
- Disease and emergence of ideas of racial difference