

11/10 Psychiatry and Mental Health

Mental Health in Colonial America

- Samuel Coolidge
- Stigma and community care
- Not a medical problem
- Lunacy, sin, and religion
- Humors and personality types

Insanity and Social Disorder

- Urbanization: more mental illness, or just more visible?
- Increasing mental illness as product of social change
- American dream, social mobility, uncertainty, and disappointment

Confinement and Asylums

- e.g. Bethlehem Hospital: insanity as entertainment, and warning
- Calls for reform: moral treatment of the insane
- e.g. McLean Hospital, 1818
- Intent overwhelmed by demand? families commit 43% of patients
- e.g. Danvers State Hospital

Asylum Therapeutics

- Bloodletting, purgatives, and stimulants
- Hydrotherapy, restraints, malaria therapy, sexual surgey
- e.g. Henry Cotton, Trenton State Hospital
- Heroic therapy? lobotomy and ECT

Freud and Psychoanalysis

- From insanity to neurosis: psychiatry of every day life
- Rise and decline of American psychoanalysis

Antipsychiatry

- Asylums and deinstitutionalization
- Lobotomy, ECT, and *One Flew Over the Cuckoo's Nest*
- Psychopharmacology and critiques of over-medication