

## **Dance Theory and Composition**

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### **“Name Map” Phrase**

On a large sheet of paper, write out your entire name, including all middle names and surnames, in any script you like. The script must be in the form of a single line; that is, the line must begin on one side of the page and end on the other without interruption.

Your script should be in one color, as in black ink on white paper.

We will use your script as the basis for a movement phrase as follows: imagine the floor as the sheet of paper. Trace the script of your name in one movement phrase moving across the floor. You should create and vary your movements according to level (on the floor, on supports of hands or feet, in the air) and tempo (slow, medium, and fast). All six variations of movement should be evident in your finished phrase. Note that tracing the path on the floor should provide the impulse for all of the movement that you create.