

# **1.964: Design for Sustainability**

## *Lecture 1: Global Challenges*

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# **Life Cycle Impact of Electronics**

- **30 million computers are thrown away each year in US (~14% are recycled now)**
- **Heavy metals pollute water**
- **Estimated 600 million computers to be thrown away**
- **Tackling waste flows can reduce environmental impact and save money**

# What happens to discarded computers?

- **2002 Report by the *Clean Computer Campaign*:  
Exporting Harm: The High-Tech Trashing of Asia**
- **Guayu, China: 100,000 migrant workers disassemble electronics for precious metals**
- **Lead, mercury, and other heavy metals are a hazard to local environment and workers**

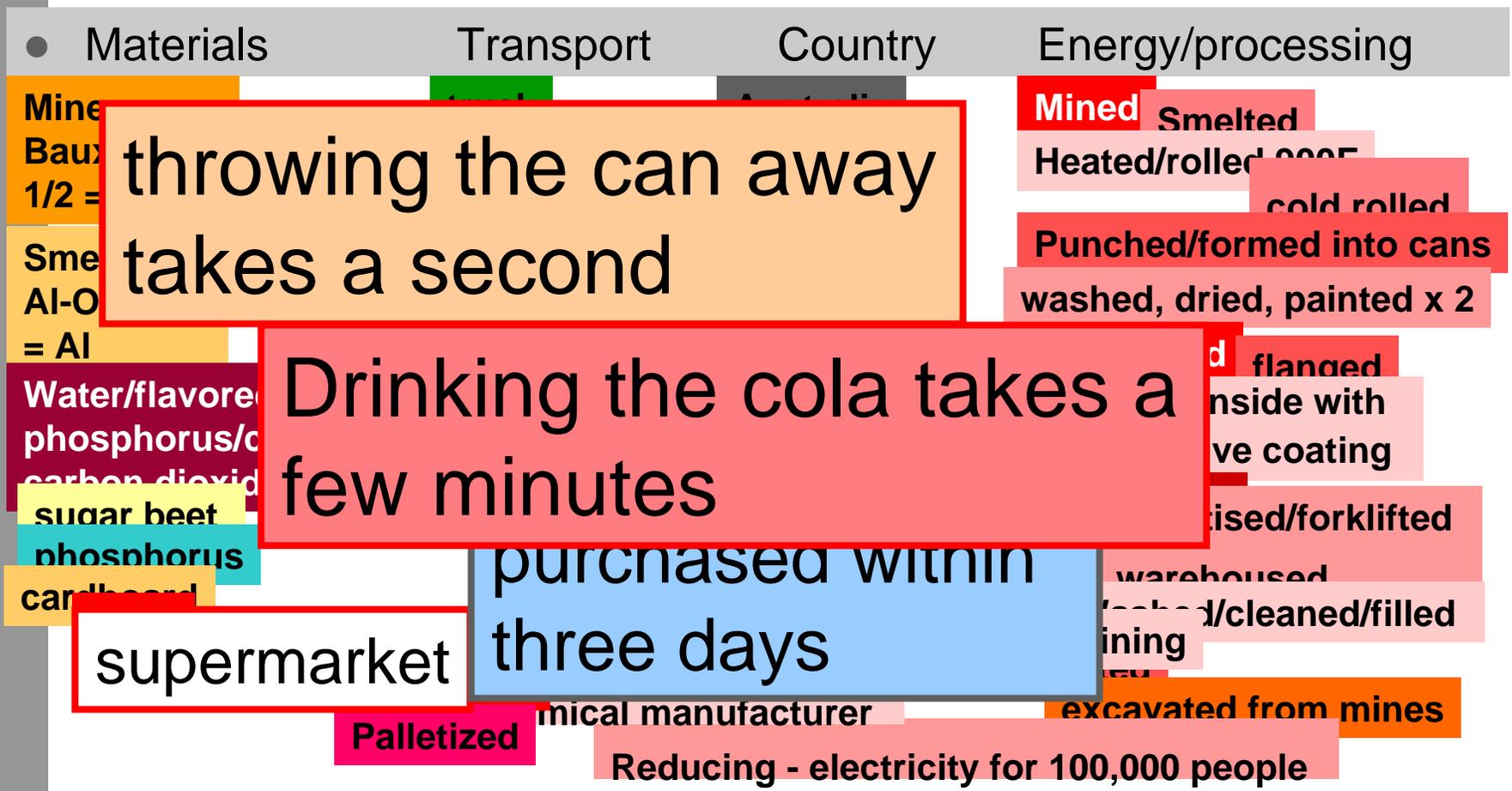
# Problems with Electronics

- **Designers are not responsible for end of life design**
- **Product manufacturing does not consider the entire lifetime of the product**
- **Result is *waste***
  - **Economically inefficient**
  - **Environmentally harmful**
  - **Socially irresponsible**
- **→ UNSUSTAINABLE**

# **Life Cycle Impact of Design**

- **This class is about considering the whole life of an engineering design**
- **Quantify the impacts of different alternatives using life cycle assessment (LCA)**
- **We will investigate materials, water, energy, etc in the context of whole life design**
- **Focus on the built environment**

# Start with a story - about a can of Cola....



throwing the can away  
takes a second

Drinking the cola takes a  
few minutes

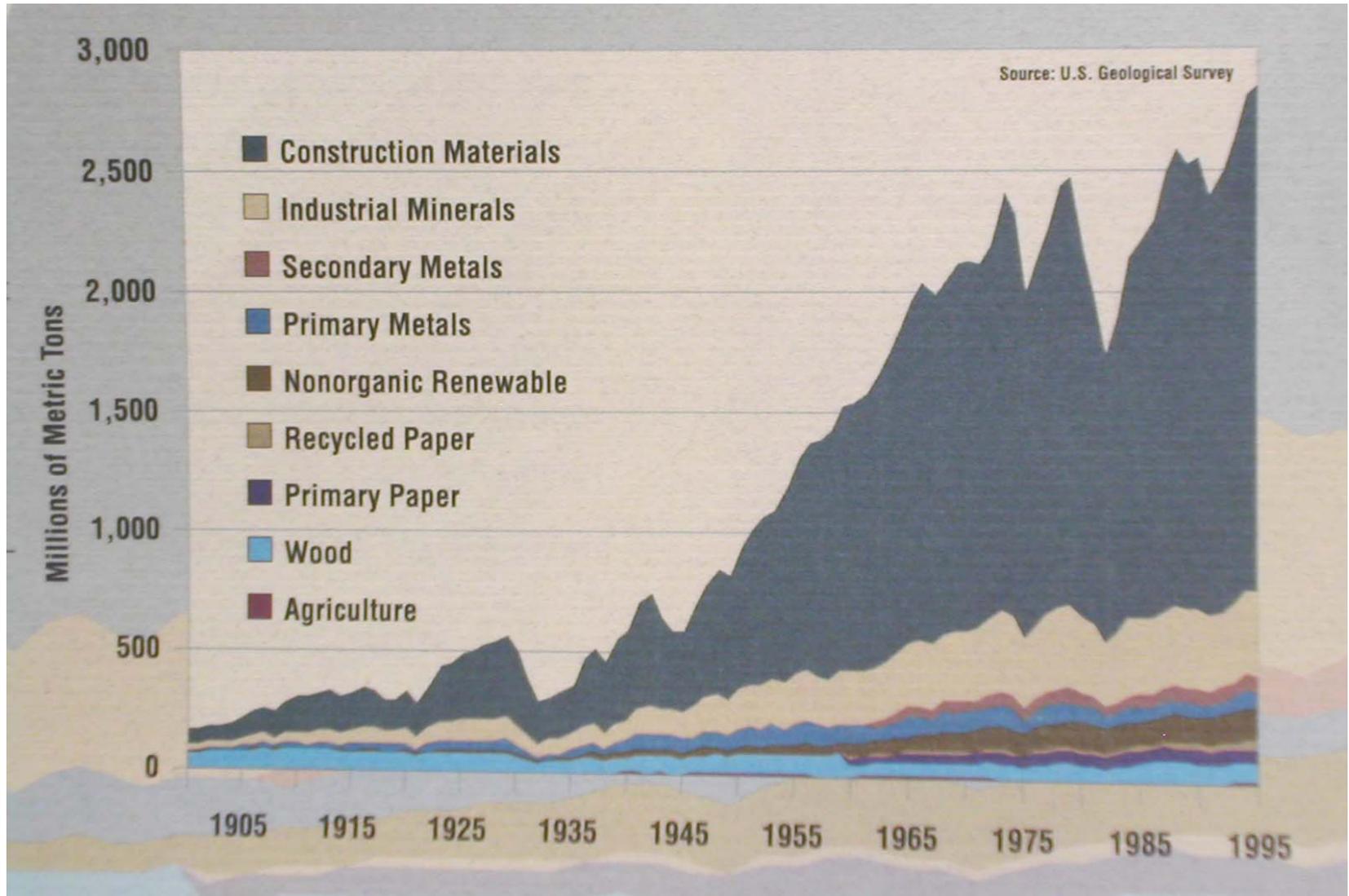
supermarket  
purchased within  
three days

# Why does this seem ‘cost-efficient’?

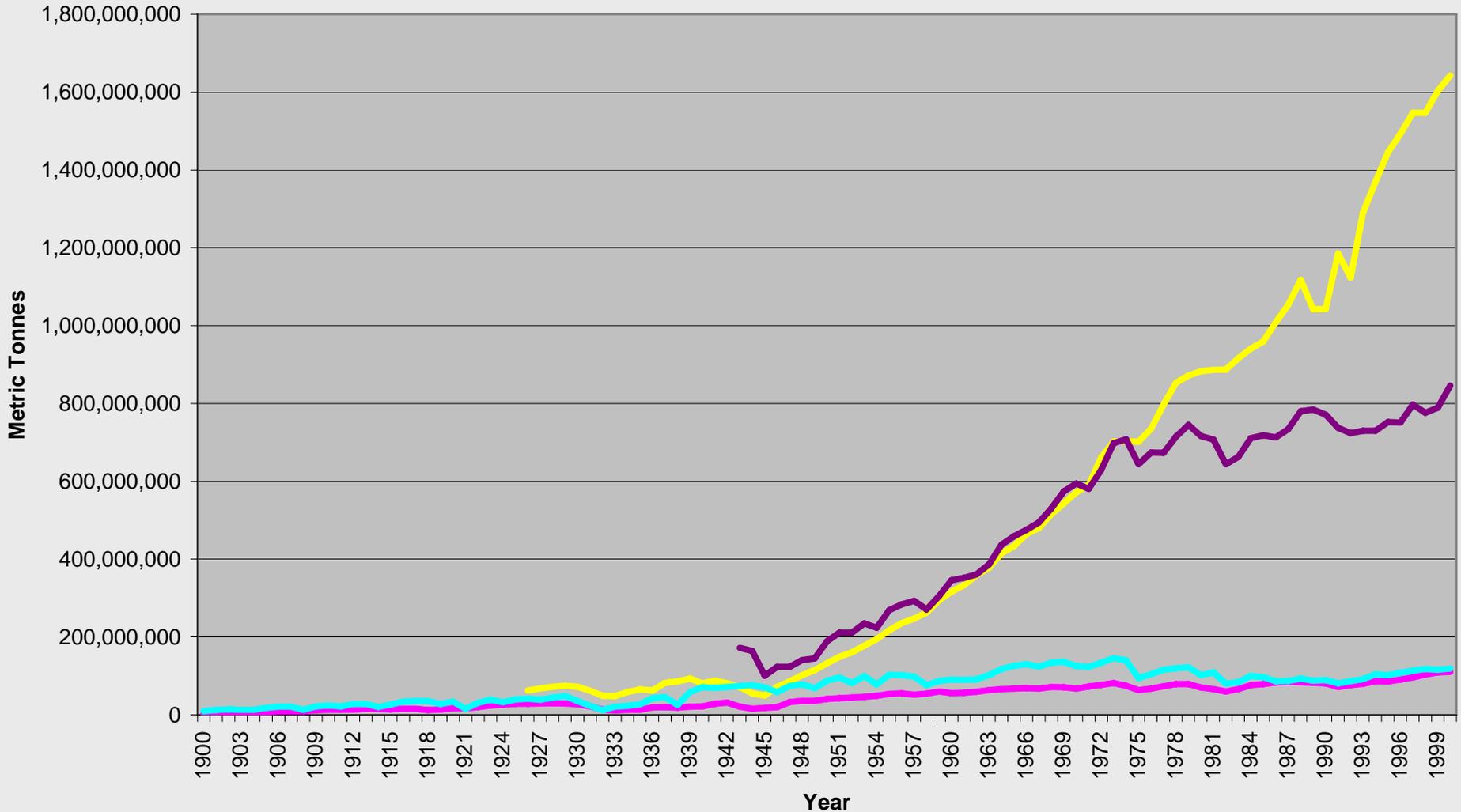
- **We (as consumers) pay (directly) only for the end product:**
- **the ‘price’ does not include the cost of ‘externalities’....**
- **social, environmental, resource use and health costs:**

- **so the ‘cost’ signals to manufacturers’ are incomplete**
- **we have a ‘linear thinking’ mind-set:**
- **each part of the process is separately ‘optimized’**
- ***But we don’t look at the process *as a whole...****

# Use of Raw Materials in the US



# Trends in Steel and Cement Production



Source: Chaturvedi, MIT thesis, 2004

# Projections for Steel and Concrete

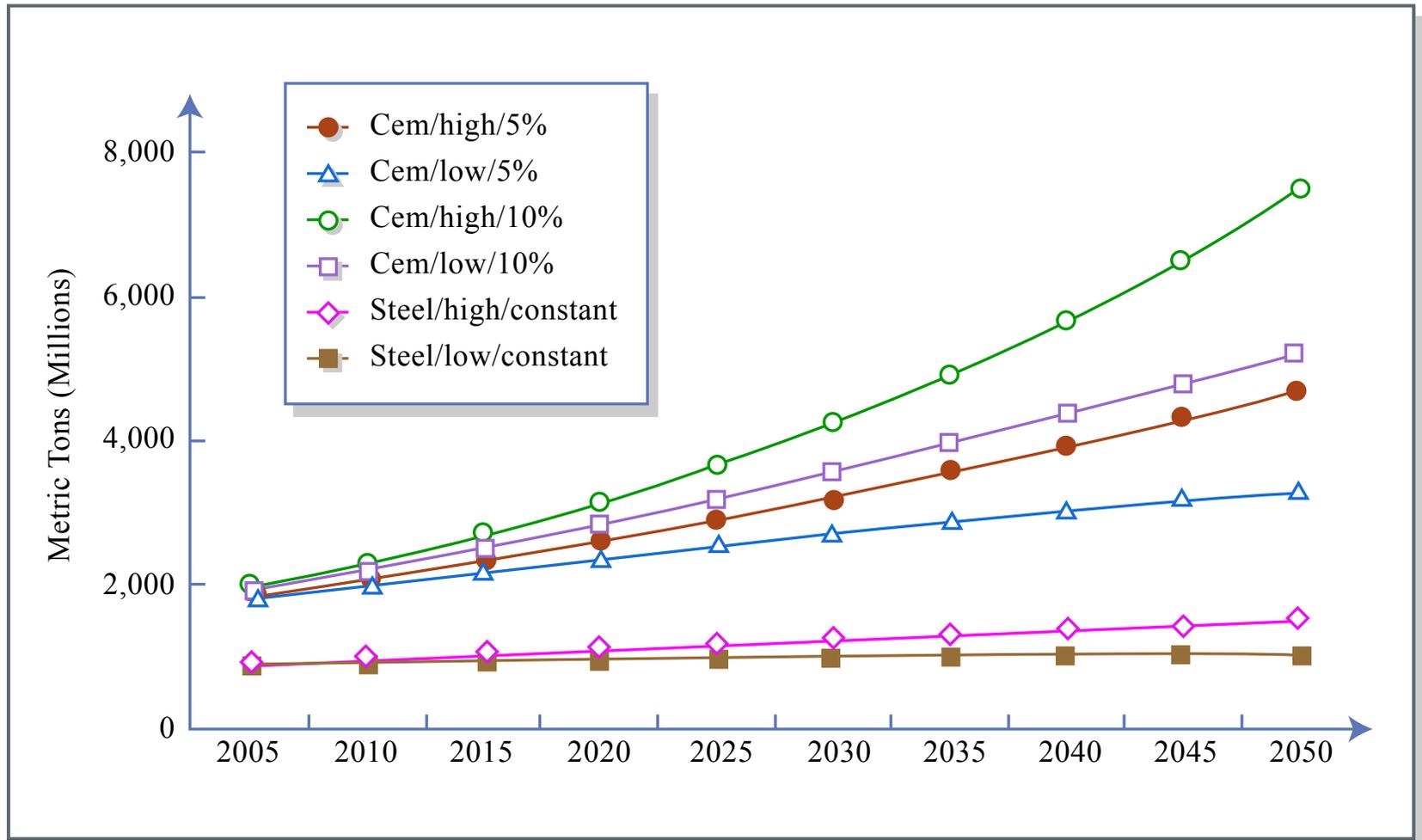


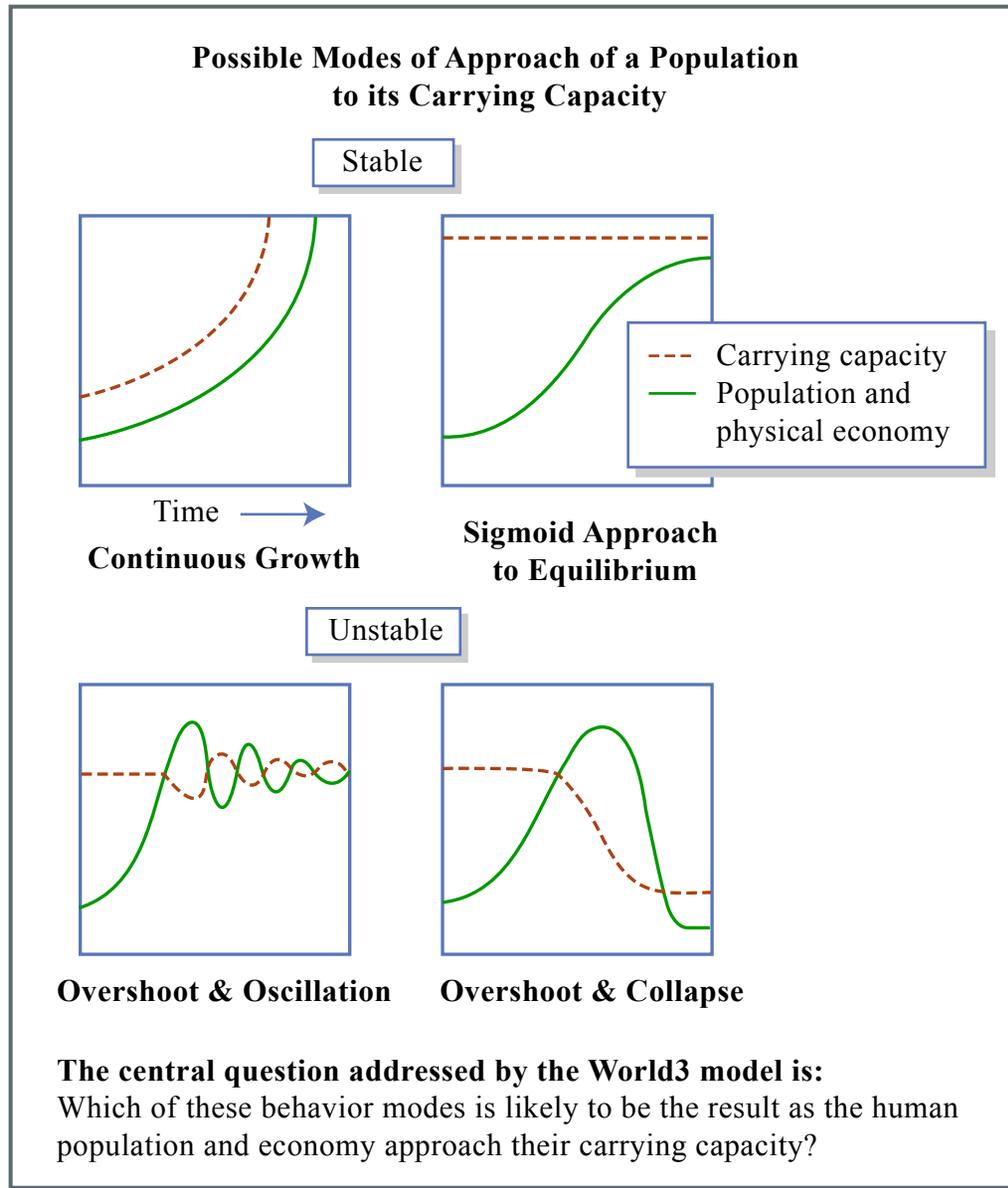
Figure by MIT OCW.

**The earth is finite...**

**...natural resources have a limit**



# Our environmental and economic system: where does it lead?



**Continuous growth:**  
*impossible, in a finite world*

**Controlled approach to equilibrium:** *the ideal - sustainability - but can we manage it?*

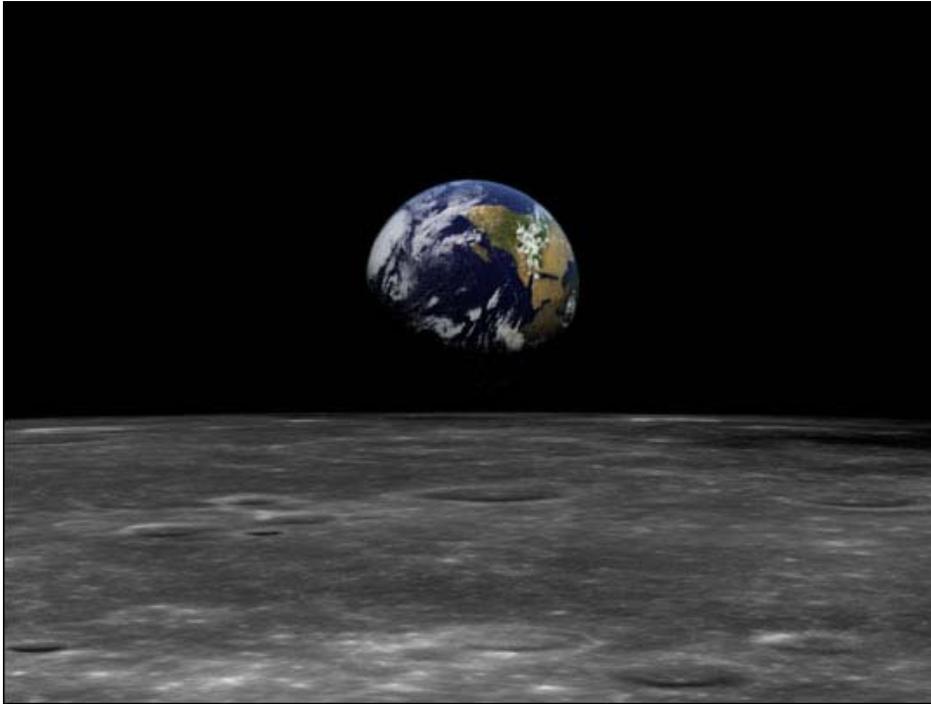
**Overshoot and oscillation:** *still sustainability eventually, but a much rougher journey*

**Overshoot and collapse:**  
*to be avoided!*

Figure by MIT OCW.

(From 'Beyond the Limits', 1998)

# **This class...**



**It's about us and our planet Earth - our people, environment and quality of life...**

**...and how sustainable (or not) we can be: the key issue of the 21<sup>st</sup> century.**

***...and what engineers have to do with it***

# **Demand for sustainable design...**

**Now and in the future...**

**There is tremendous demand for engineers and architects who can lead sustainable design efforts in the 21<sup>st</sup> century**

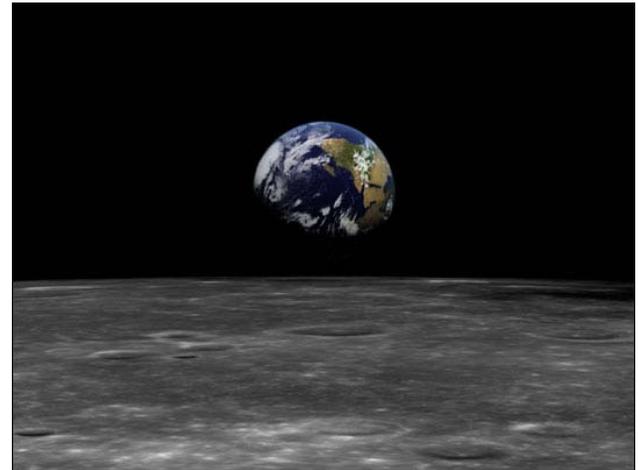
**You will tackle these problems**

# **First two lectures by JAO**

- 1) Global challenges**
- 2) Construction industry**

# Lecture 1: Global Challenges

- **Introduction**
- **Trends**
- **Defining Sustainability**
- **Ecological Footprint**
- **Limits to Growth**
- **Discussion**



# **Where we stand now: social inequality**

## **If the world had only 100 people**

- You would find 60 Asians, 12 Europeans, 15 North and South Americans, and 13 Africans
- 80 would live in sub-standard housing
- 20 would not have safe drinking water
- 42 would not have adequate sanitation
- 33 would suffer from malnutrition
- Ten would own a computer
- Five would have a college education

*Is this socially sustainable?  
We need  
**'development'***

# But, if ‘Development’ gave global equality of quality of life and resource use:

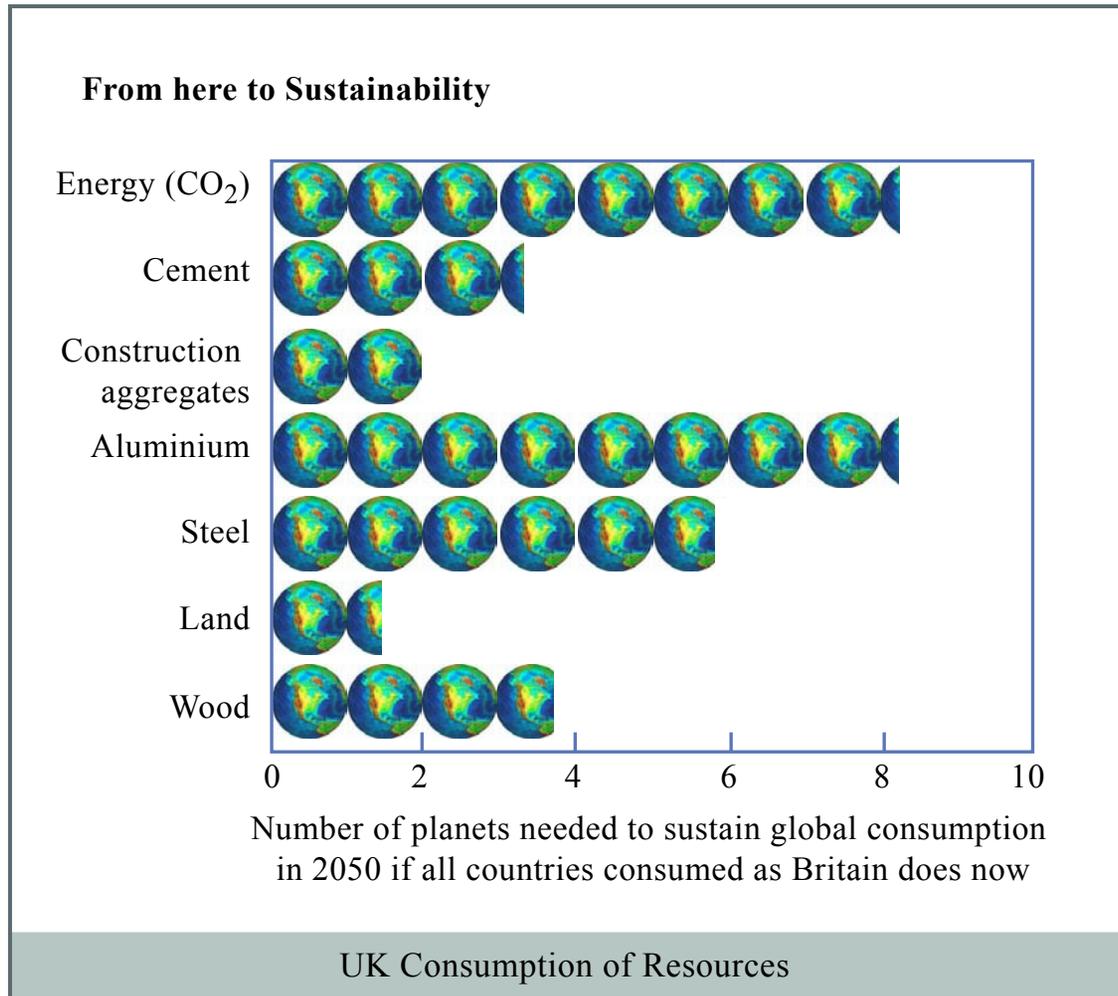


Figure by MIT OCW.

- If we accepted that all people on Earth are entitled to use as much resource per capita as us now...
- By 2050 we would need more than eight ‘Earths’ to sustain us all, using current technologies.....

***To allow that ‘development’, our technologies need to become environmentally sustainable.***

# A vital debate about the future...

## On technology and ecology:

- **'Technology magicians'** - *there are no limits; science & technology will save us*
- **'Deep Green Doomsayers'** - *the earth is in deep trouble; we're going downhill fast"*

## And on the economic system:

- The **'Economist'** view - *capitalism and globalisation are the only deliverers of growth and development*
- The **IMF protesters'** view – *They are (part of) the problem, not the (only) solution; we must give people back control over their own lives*

# The global picture...

- ***“We are modifying physical, chemical and biological systems in new ways, at faster rates, and over larger spatial scales than ever recorded on Earth. Humans have unwittingly embarked upon a grand experiment with our planet. The outcome is unknown, but has profound implications for all of life.”***  
**(President, American Academy for the Advancement of Science, 1999)**
- **In the developed North, we are each typically using 3-5 times as much of the Earth’s resources as our ‘fair share’.**

# On *social need*, there is some good news on health, literacy and education...

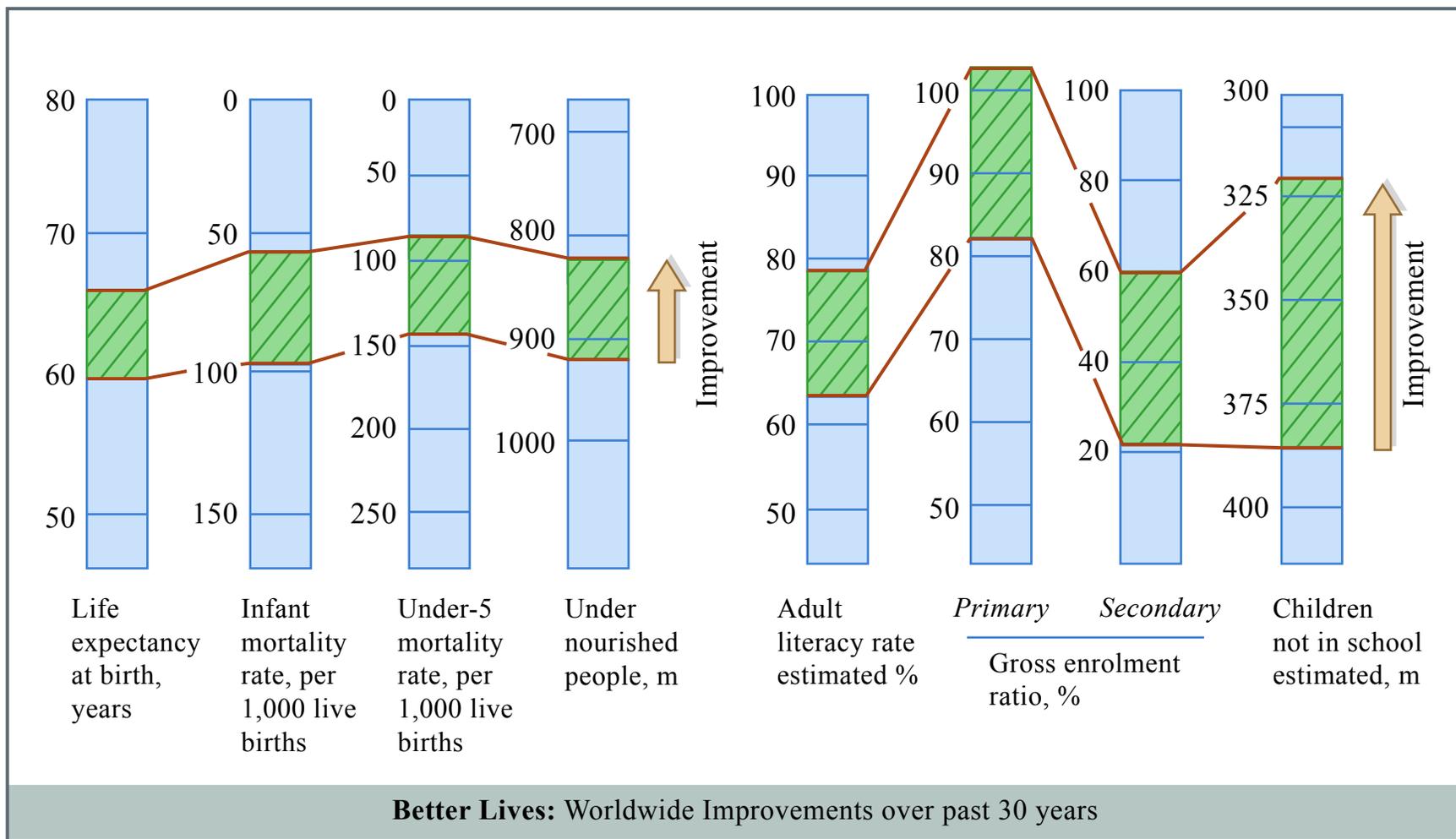


Figure by MIT OCW.

(Source: *Economist*, 2002)

# Poverty remains a major problem

Between 1987 and 1998, in 'developing' and 'transition' economies:

- **The number of people living on < \$1/day fell from 28% to 24%, *but* the absolute number of poor people hardly changed....**
- **In India, over 80% live on < \$2/day, and over 40% on < \$1/day**

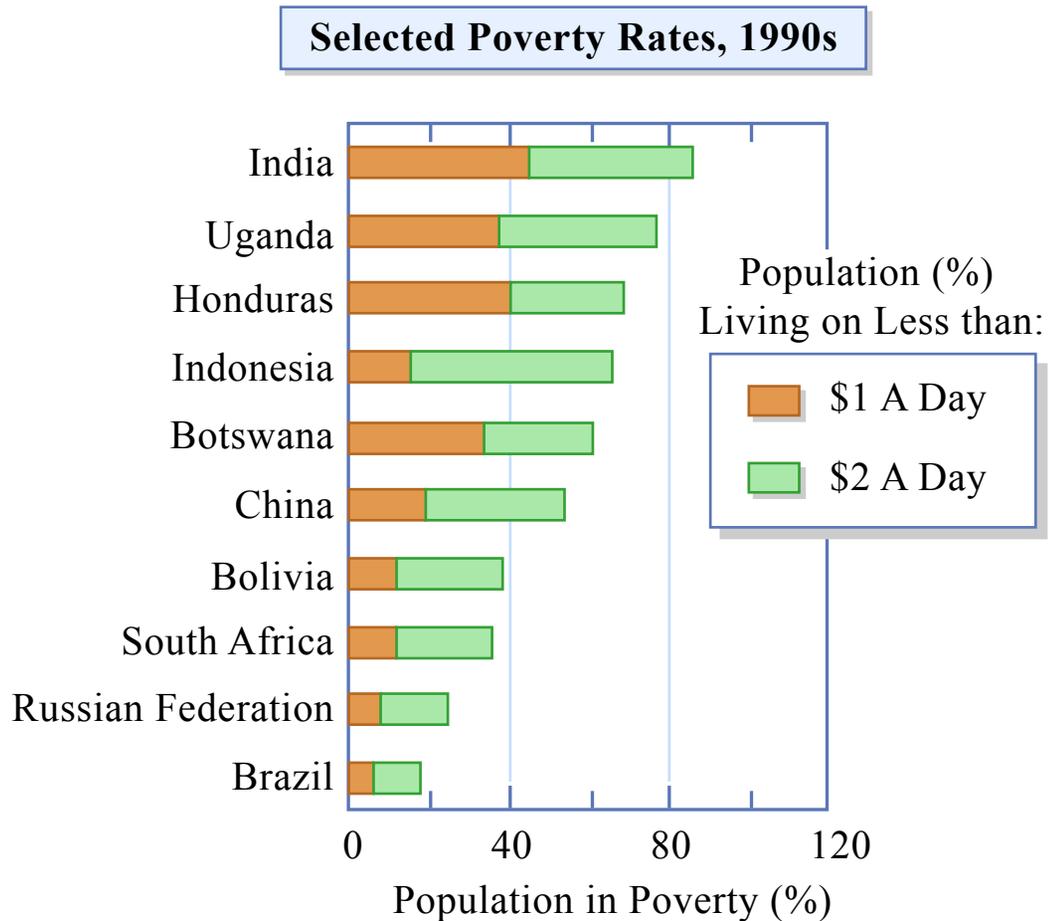


Figure by MIT OCW.

# Our 'Ecological Footprint' is already *unsustainable*

Ecological Footprint = "An estimate of human pressure on global ecosystems, expressed in 'area units'" - food, wood, infrastructure, CO<sub>2</sub> absorption

1. World average footprint/capita was ~constant between 1985 - 1996 = 2.85ha/capita

2. US average is ~ 10 ha/capita

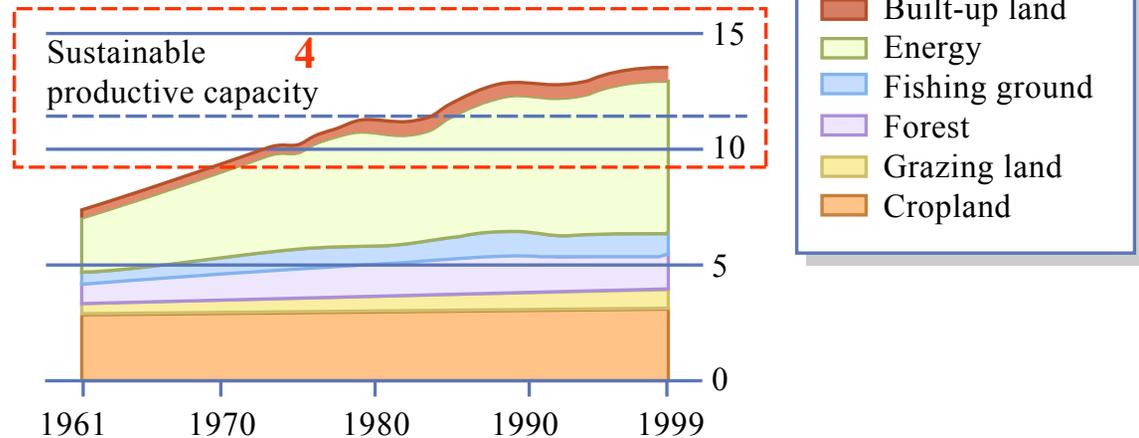
3. My own is ~ 15ha/capita

4. The world's footprint (1999) is about 1.25 x the 11.2 Bn Ha available

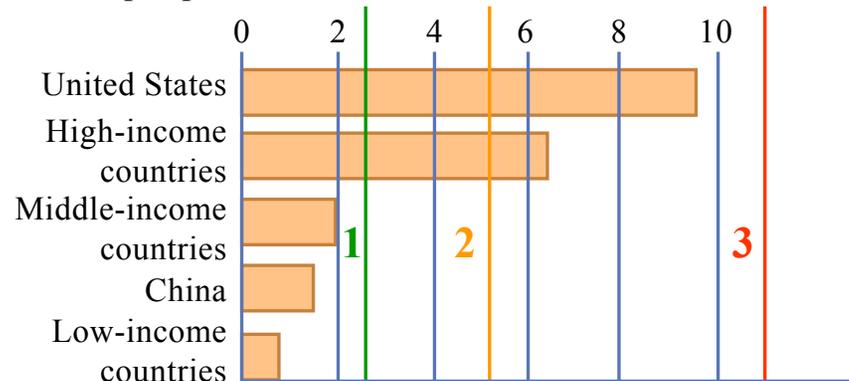
## Living Above our Means

Ecological Footprint<sup>#</sup>

World, hectares bn



Hectares per person, 1999



<sup>#</sup>Land needed to meet human needs

Figure by MIT OCW.

(Source: Geo3 and Economist 6/7/02)

# **Some complex regional or global systems show signs of failing**

- **Traffic congestion**



- **Worldwide fish resources → stocks collapse**
- **Global warming/climate change → floods**

# Where do these trends lead?

- Over the last 50 years, ‘development’ - comprising engineering **projects**, and **products** - has benefited large numbers of people, world wide.....**but:**
- The way we have been doing our development is often ‘unsustainable’ - in social and environmental terms
- This leads to real fears about the security and quality of life that our children and grandchildren - and the world’s - can expect

*“We do not inherit the earth from our ancestors  
- we borrow it from our children”* (Anon)

# **‘Sustainability’ definitions - start with the Dictionary (*Collins, 2nd Ed 1986*)**

## ***Sustain:***

- to maintain or prolong
- to support physically
- to provide or give support to - esp. by providing necessities

## ***Sustenance:***

- means of sustaining health or life: nourishment
- means of maintenance; livelihood

***This is beginning to give us the idea...***

# Defining Sustainable Development

- *Original definition:*

***“Sustainable development meets the needs of the present without compromising **the ability of future generations** to meet their own needs”*** (Brundtland Commission 1987)

- The concept goes back 20 years; and by now ‘sustainability’ has become almost a mainstream - even overused - word.

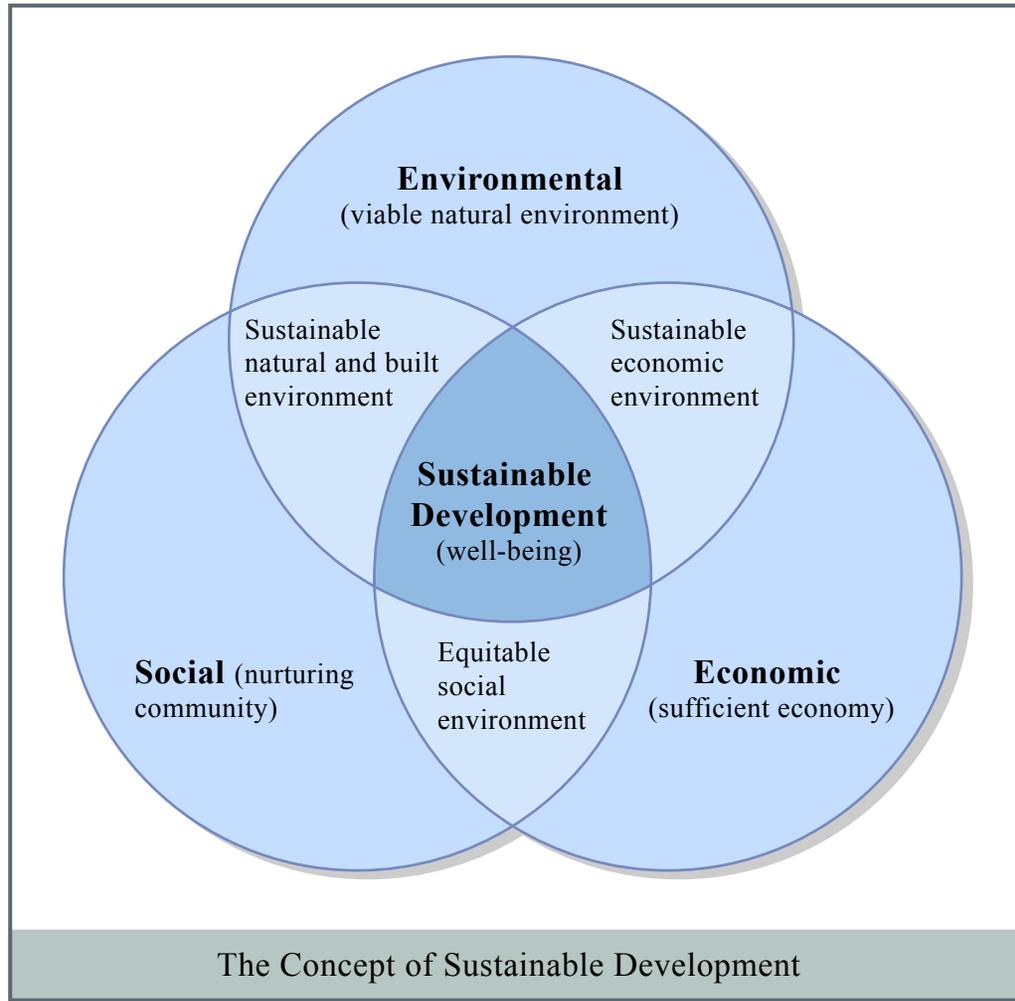
- *More recently:*

***“A dynamic process which enables **all people** to realize their potential and to improve their **quality of life** in ways which simultaneously protect and enhance the **earth’s life support systems”***** (Forum for the Future)

# Engineers and Sustainability

- ‘Development’ = the sum of our products and projects, ie ***our application of technology***
- In these applications, engineers carry out, influence or decide:
  - *the options evaluated*
  - *the decision-making criteria, and the decision*
  - *the detailed design and implementation/production*
- ◆ ***For development to become ‘sustainable’, engineers must incorporate ‘sustainability’ into all our planning and engineering of products and projects***
- ◆ This course asks: “How do we start to do this?”

# Sustainable development aims to balance three elements:



- **Economic:** what things cost - and how to make a business out of providing infrastructure, goods or services
- **Environmental:** what impact those things have on nature and the earth's support systems - which are finite
- **Social:** how those things serve the needs and quality of life of people and their communities

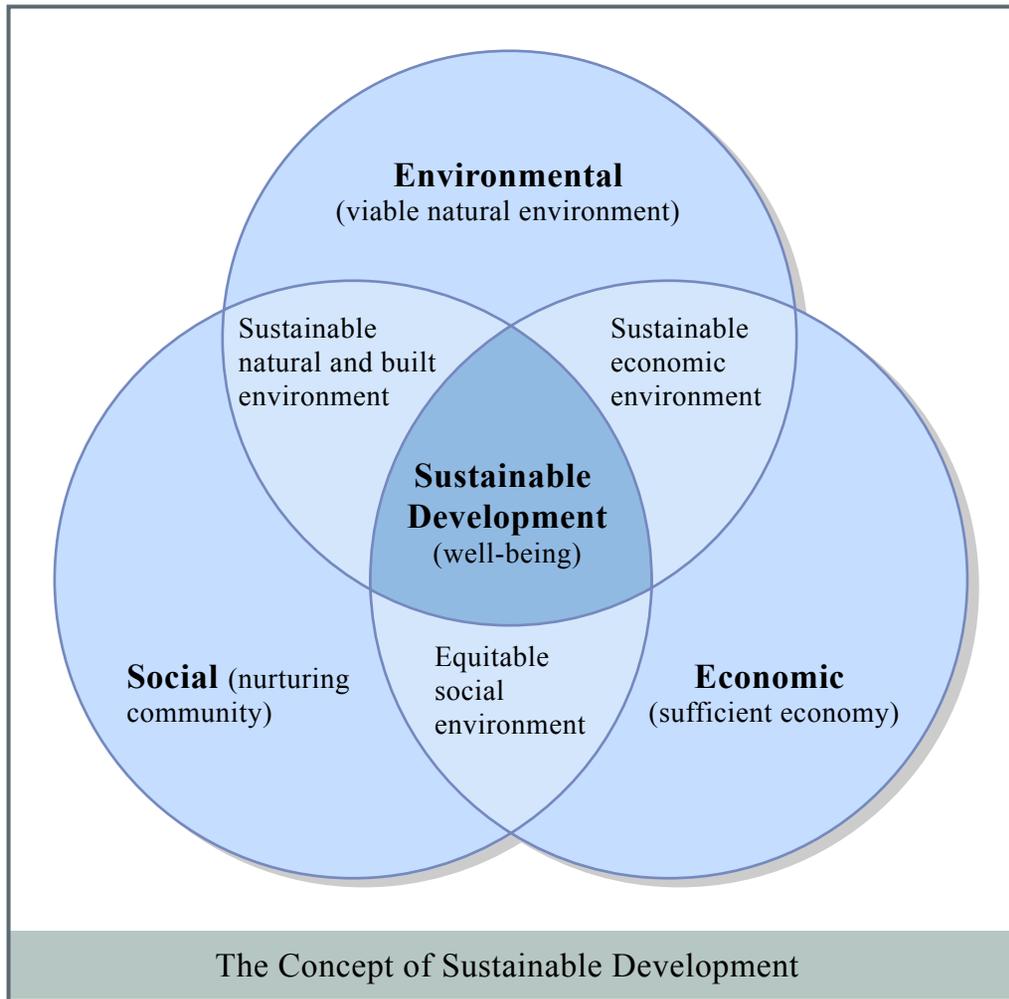
Figure by MIT OCW.

***Technology is neither good nor bad in itself - how we choose to apply it determines whether a good balance is achieved.***

# Where are *you* starting from?

- 1. How much do you know already about the sustainable development debate - and your own contribution?
- 2. Discuss ecological footprint results from [www.myfootprint.org](http://www.myfootprint.org).

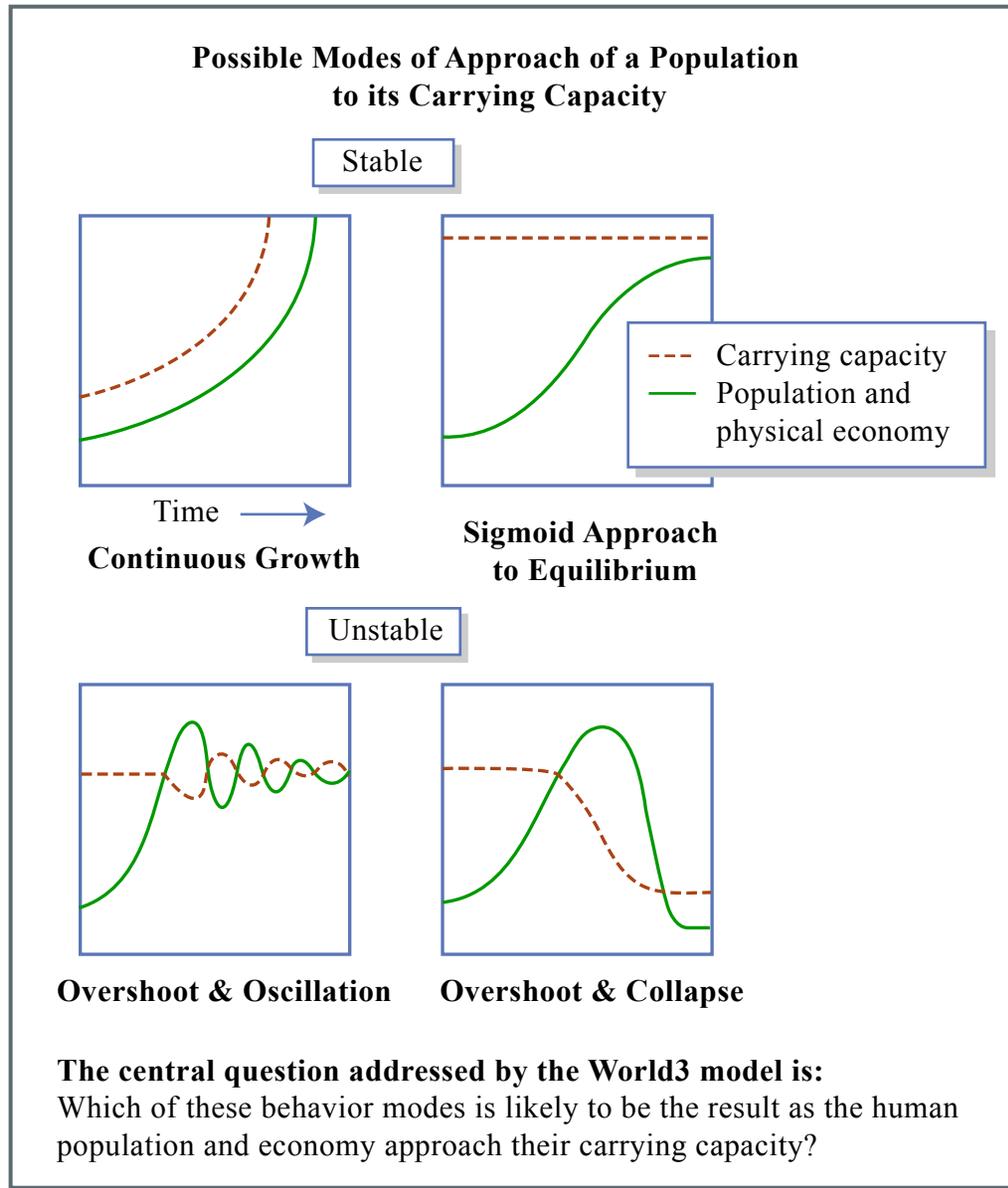
# The Environmental Dimension within Sustainable Development



- **Environmental:** what impact projects and products have on nature and the earth's support systems - which are finite
- The need to protect the environment has become accepted - almost 'the establishment view'

*But the hard part is an addiction to 'growth' on a finite planet....*

# Our environmental and economic system: where does it lead?



**Continuous growth:**  
*impossible, in a finite world*

**Controlled approach to equilibrium:** *the ideal - sustainability - but can we manage it?*

**Overshoot and oscillation:** *still sustainability eventually, but a much rougher journey*

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Figure by MIT OCW.  
(From 'Beyond the Limits', 1998)

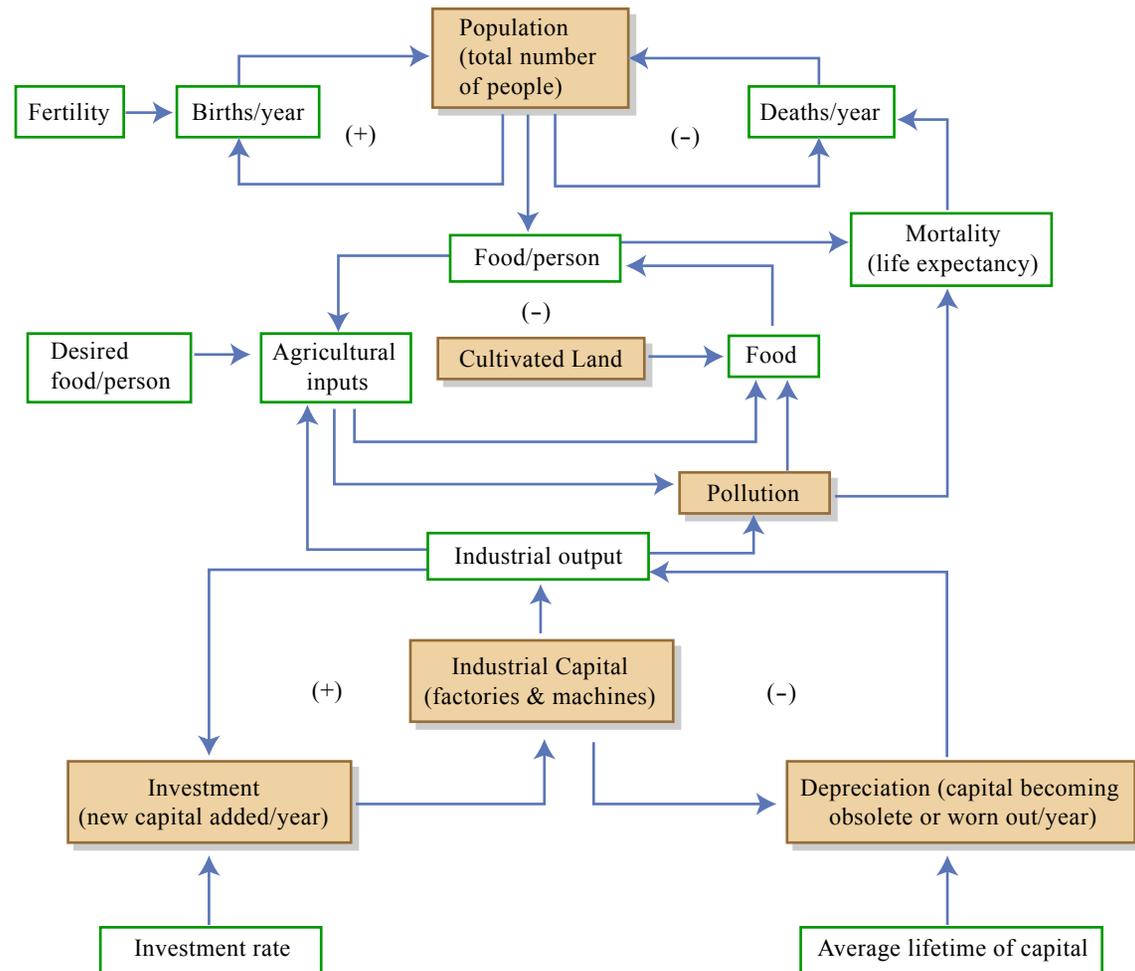
# Predicting global impact - systems modeling with 'World3'

Global 'systems modeling' by MIT in 1970; updated, U of New Hampshire in 1991; re-calibrated over 1970-1990 events ('Beyond the Limits', 1998)

•Used 9 interconnected systems: +ve and -ve feedback loops

- persistent pollution
- non-renewable resources
- population
- food production
- land fertility
- land development & loss
- industrial output
- services input
- jobs

•Ran 13 scenarios, 1900 to 2100



Some of the interconnections between population and industrial capital operate through agricultural capital, cultivated land, and pollution. Each arrow indicates a causal relationship, which may be immediate or delayed, large or small, positive or negative, depending on the assumptions included in each model run.

Figure by MIT OCW.

# Scenario 1: the 'Standard Run'

## Assumptions:

- 'continue historical path as long as possible - no major change'
- growth continues until environmental and resource constraints finally limit it

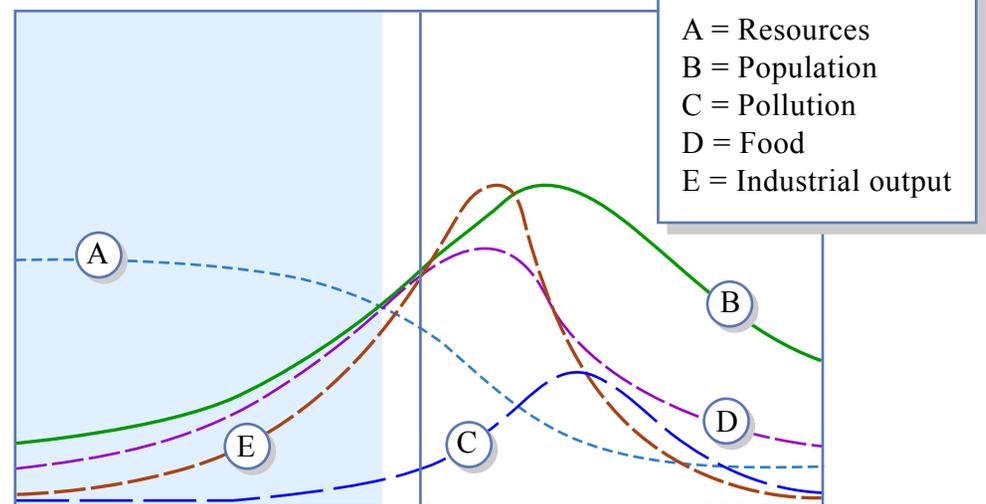
## Results:

- irreversible environmental changes occur
- investment capital depreciates faster than it can be re-built
- as it falls, food and health services fall too
- death rates increase and life expectancy reduces

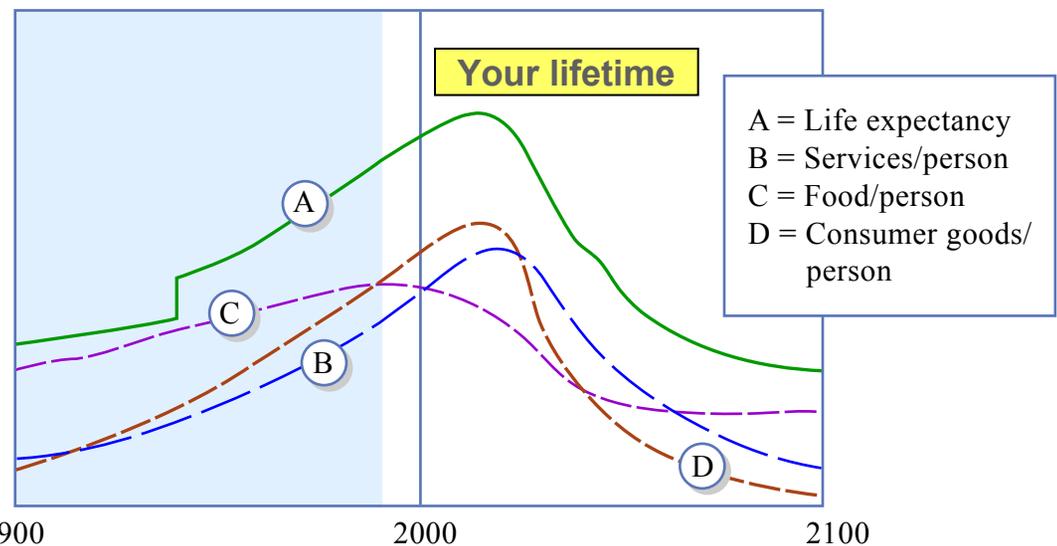
Figure by MIT OCW.

(From 'Beyond the Limits'', 1998)

State of the world



Material standard of living



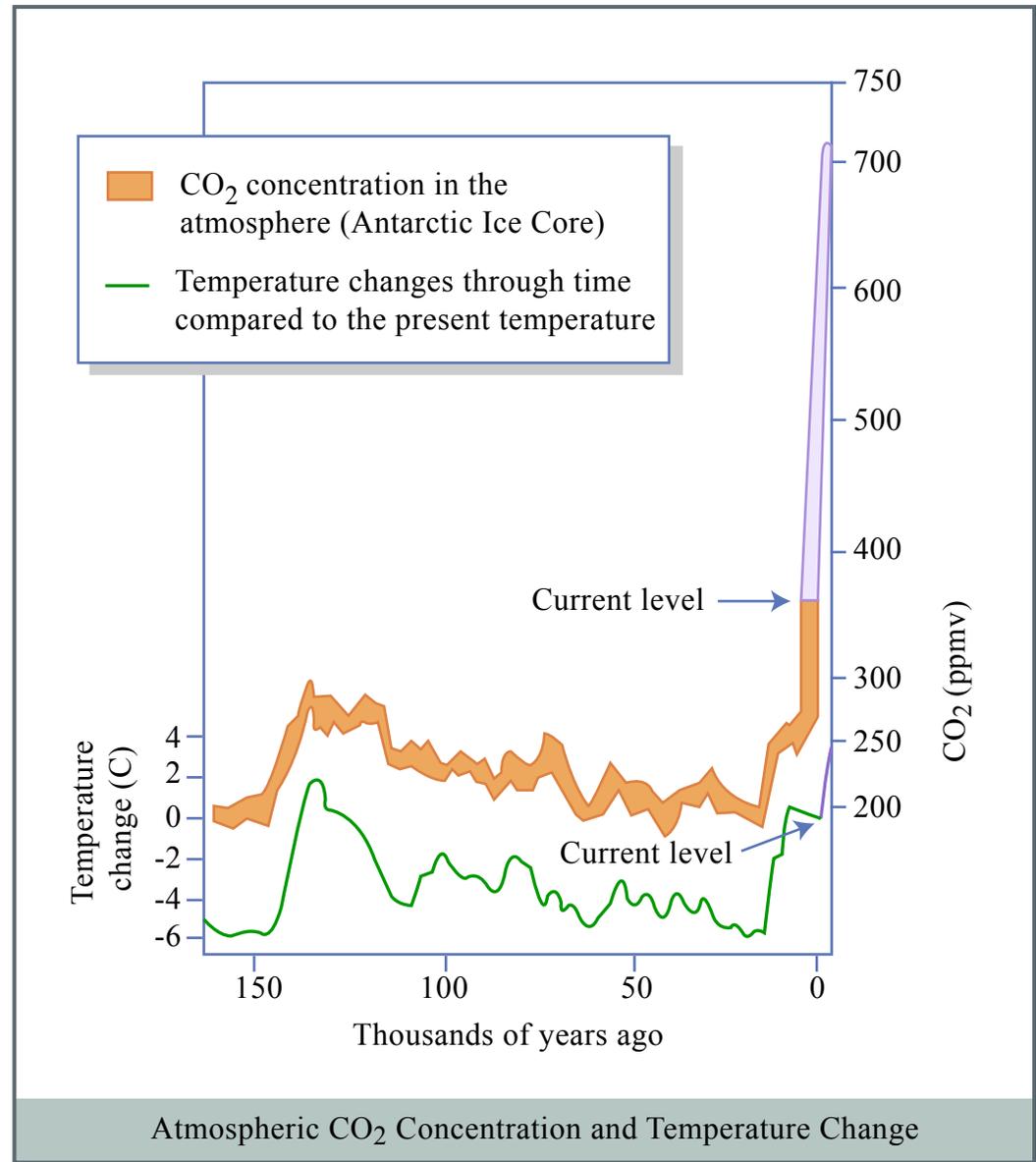
1900

2000

2100

# Example: irreversible environmental change

- **The Greenhouse effect and global warming is 'irreversible' in a human lifetime at least**
- **Rising CO<sub>2</sub> Concentrations & Temperatures**
- **We are just beginning to think about slowing temperature rise and climate change by CO<sub>2</sub> release reduction**
- **But inevitable consequences are already becoming apparent**



# Can we improve 'Technology' by a 'Factor 4' or even 10?

- Energy efficiency:

*"The whole economy is less than 10% as energy-efficient as the laws of physics permit"*

- Materials efficiency:

*It has been estimated that only 6% of its vast flows of materials end up in products" (From Natural Capitalism, 1999)*

- *And - using renewable resources...so engineers have plenty of scope for improvement*



# Scenario 6: all technical solutions

## Assumptions: (from 1995)

- doubled resources at start
- pollution control eff. + 3% pa
- land productivity + 2% pa
- reduce land erosion by 3x
- industrial resources eff. + 3% pa

## Results:

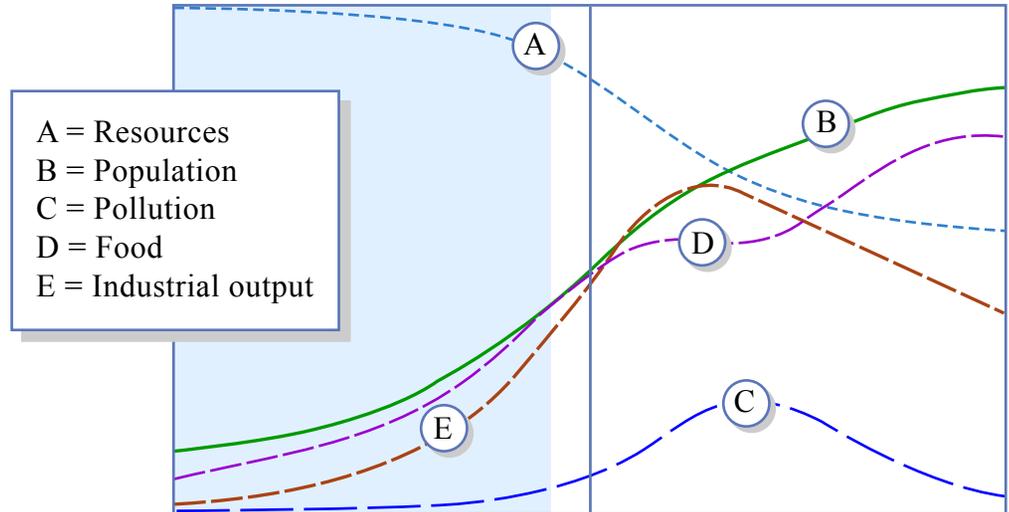
- population growth continues with food supplies just maintained
- growth in quality of life still stops and declines from 2020, but more slowly; because....
- in the end, we cannot afford the combined cost of the technologies needed to provide it

*Not good enough, yet?*

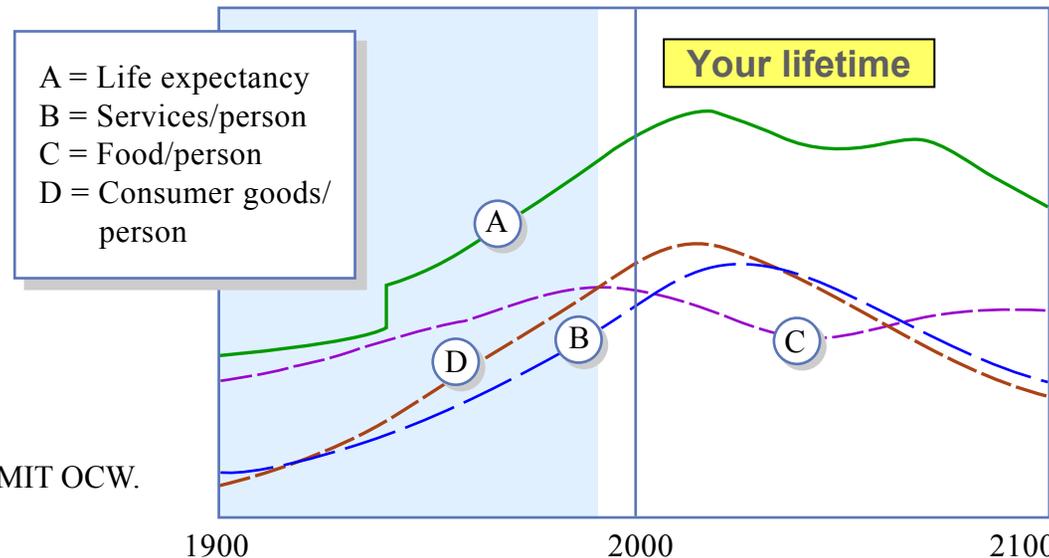
Figure by MIT OCW.

(From 'Beyond the Limits', 1998)

State of the world



Material standard of living



1900

2000

2100

# Scenario 10: accept having 'enough'?

## Assumptions: (from 1995)

**P** - population: 2 children per family

**A** - 'affluence': 'enough' is \$350 per cap industrial output (= S. Korea, or 2 x Brazil, in 1990)

**T** - technology: as Scenario 6: 2 x resources; same improvements in technologies - started when needed

## Results: until at least 2100

Population stabilises at 7.7B, with;

- comfortable standard of living,
- high life expectancy and
- declining pollution

*So - we know where we need to aim for - but what are the challenges?*

(From 'Beyond the Limits', 1998)

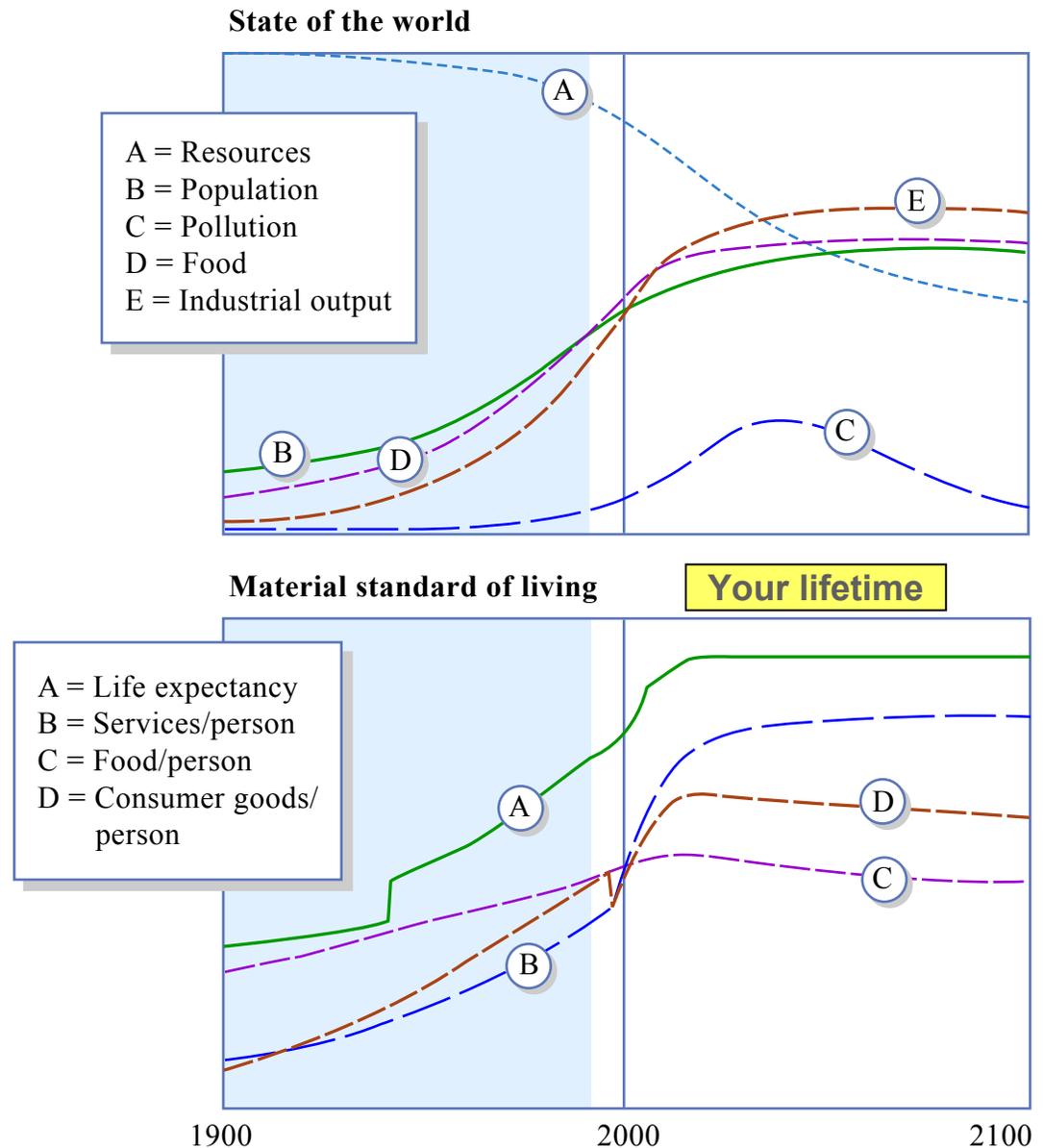


Figure by MIT OCW.

# Challenges to make development sustainable

- 1. Defining 'progress' to sustainability: **better indicators and sustainability measurements to drive better choices**
- 2. Dealing with economic market-technology 'failure': **learning why market economics and technology do not interact fast enough to produce sustainability - and changing the signals**
- 3. Addressing the harder 'social dimension': **including 'social' components in projects; social objectives for products and projects; consulting properly with local communities**
- 4. Understanding and engaging with real world complex systems: **changing our 'world view' to understand complex interactions and feedback loops, and changing to adopt the 'precautionary principle'**
- 5. Differences in timescales: **bridging the gap between typical political and commercial timescales and the long view of sustainability**

## 2. Dealing with economic-technology market 'failure':

'Negative feedback loops' ought to send the right controlling signals?

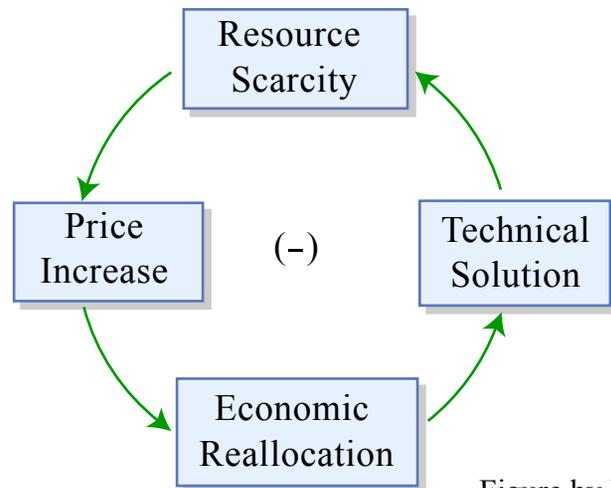


Figure by MIT OCW.

**They don't work - or not fast enough - because:**

- commercial objectives are to control the market, not to free it up
- 'financial return' time-scales are far too short

- technology's first response is to dig deeper into marginal resources
- exponential growth goes on shortening the time for effective action
- so environmental signs of 'collapse' come too late to avoid it
- successfully delaying limits, in a global 'free trade' economy, means you hit many at once - you run out of *the ability to cope*

*So - political and regulatory intervention is needed, as well*

## 2. Sustainable local solutions may not meet commercial objectives:

- Our roofs are a large under-used resource:

Fit solar PV roof tiles, and generate 100% of my electricity needs... ~\$20k per house

Rainwater collection and treatment to 25% - 75%(?) of water needs... ~\$2k per house



- *But:* current large, privatised utility commercial structures hinder it:
- - power companies have to buy your excess power - and accept loss of income
- - water companies have to accept less income from customers

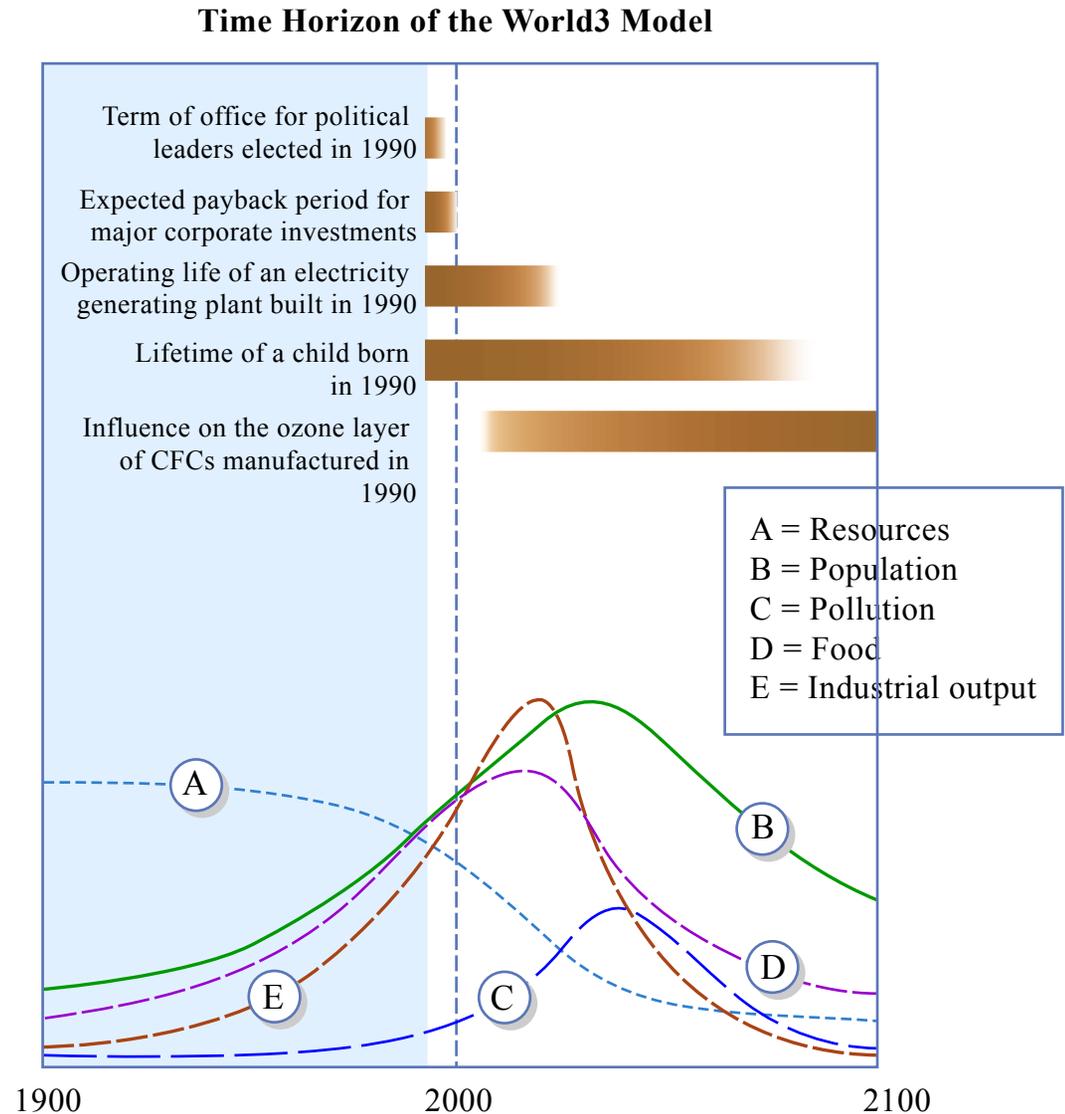
### 3. Why including the social dimension is hard...

- It requires defining and measuring **'soft'** qualities that we have not defined and measured in the past
- It will often demand **decentralization** - challenging the economic trends of globalization - issues of inequality, power, ownership, scale - and even growth...
- It challenges our engineers' training and preference for **large, complex, interesting, new,** engineering... which is hard to change

# 5. Differences in timescales:

- **Typical political interest and commercial decision timescales are 3 - 10 years maximum**
- **Infrastructure working lives, lifetimes, and timescales for environmental damage are factors of 10 larger**
- **Sustainability requires decision-makers to take the longer view**
- **Engineers are well placed to understand, and bridge, the gap**

Figure by MIT OCW.



# Summary

- Three elements of sustainable development: **environment**, which nurtures **society**, which invented the **economy**
- The social and environmental dimensions must be balanced with economics – we will focus on environmental dimensions in this class
- The World3 model, and ‘what is ‘enough’? **Do we need less material consumption to avoid collapse?**
- Challenges to change - and what is the engineers’ role in this - **leader, or follower?**

# Goals of the Course

- **Explore how sustainability challenges engineering, and what can be done to improve our future prospects**
- **Provide a high level overview, in a way that is relevant to engineers, and then focus on specific problems**
- **Use life cycle assessment (LCA) to look at how engineering serves needs, and causes impacts, in key areas, including energy, water and waste.**

# **Engineer and the Environment**

***The art of directing the great sources of power and Nature to the use and benefit of Man.***

**-Thomas Tredgold, 1818  
Inst. of Civil Engineers**

# **Engineer and the Environment**

***The art of directing the great sources of power and Nature to the use and benefit of Man.***

**-Thomas Telford, 1818  
Inst. of Civil Engineers**

**Man and Nature as *separate***

# **Engineer and the Environment**

***Civil engineers are the custodians of the built and natural environment.***

**-Institution of Civil Engineers  
Agenda for the Future, 2003**

**Want to save the earth?**



**Become an engineer!**

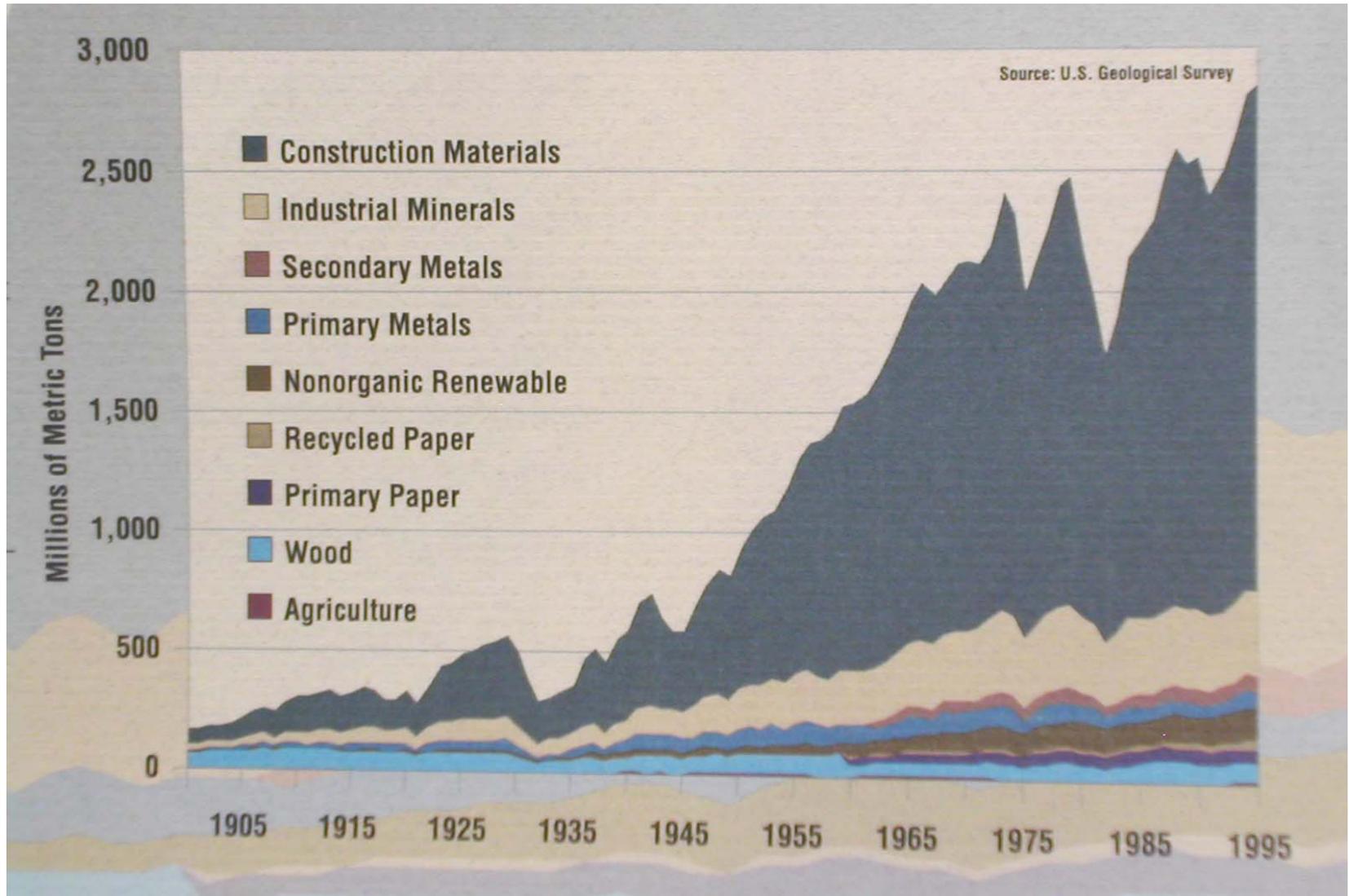
# **Construction and the Environment**

## **US Primary Energy Consumption:**

<b>Buildings</b>	<b>37%</b>
<b>Industry</b>	<b>36%</b>
<b>Transportation</b>	<b>28%</b>

**Source: US Dept. of Energy (2002)**

# Use of Raw Materials in the US



# **‘Architects and engineers are the ones who *deliver things to people*’**

- **“We can only get there...if the key professionals *who deliver things to people* are fully engaged... [architects and engineers], not the politicians, are the ones who can ensure that sustainable development:**
  - ***is operational***
  - ***is made to work for people***
  - ***delivers new ways of investing in our infrastructure, new ways of generating energy and providing a built environment***
  - ***delivers new ways of using consumer durables.***
  - ***There is no point along the sustainable development journey at which an engineer will not be involved.***
- **(address to RAE, June 2001)**

# **Demand for sustainable design...**

**Now and in the future...**

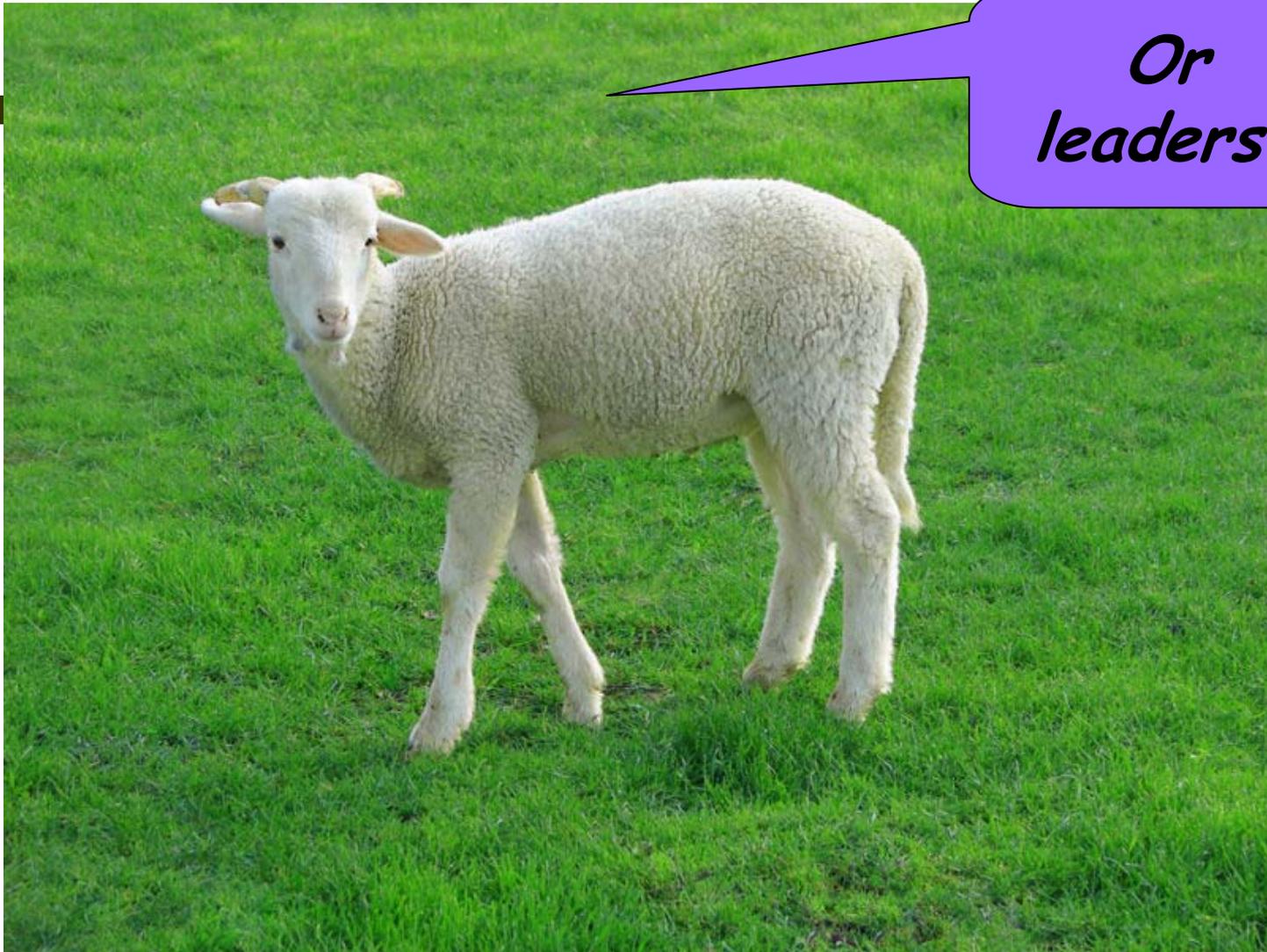
**There is tremendous demand for engineers and architects who can lead sustainable design efforts in the 21<sup>st</sup> century**

**You will tackle these problems**

# What role can engineers play in sustainable development?



*Are we  
followers?*



*Or  
leaders?*

Photograph courtesy of Nevit Dilmen.

# Readings

- If you are interested in the various scenarios, then buy Limits to Growth: The 30-Year Update by Meadows et al (2004)
- I also recommend the book Natural Capitalism
- Readings will be distributed weekly – get from TA
- Check out [www.terrapass.com](http://www.terrapass.com)

# **Acknowledgments**

***Some slides courtesy of Centre for Sustainable Development, Department of Engineering, University of Cambridge***