

# 1.050 Engineering Mechanics I

## Lecture 30

**Energy bounds in 1D systems**

**Examples and applications**

# 1.050 – Content overview

## I. Dimensional analysis

1. On monsters, mice and mushrooms
2. Similarity relations: Important engineering tools

Lectures 1-3  
Sept.

## II. Stresses and strength

3. Stresses and equilibrium
4. Strength models (how to design structures, foundations.. against mechanical failure)

Lectures 4-15  
Sept./Oct.

## III. Deformation and strain

5. How strain gages work?
6. How to measure deformation in a 3D structure/material?

Lectures 16-19  
Oct.

## IV. Elasticity

7. Elasticity model – link stresses and deformation
8. Variational methods in elasticity

Lectures 20-31  
Oct./Nov.

## V. How things fail – and how to avoid it

9. Elastic instabilities
10. Plasticity (permanent deformation)
11. Fracture mechanics

Lectures 32-37  
Dec.

# 1.050 – Content overview

I. Dimensional analysis

II. Stresses and strength

III. Deformation and strain

IV. Elasticity

...

Lecture 23: Applications and examples

Lecture 24: Beam elasticity

Lecture 25: Applications and examples (beam elasticity)

Lecture 26: ... cont'd and closure

Lecture 27: Introduction: Energy bounds in linear elasticity (1D system)

Lecture 28: Introduction: Energy bounds in linear elasticity (1D system), cont'd

Lecture 29: 1D examples

**Lecture 30: Generalization to 3D**

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V. How things fail – and how to avoid it

Lectures 32 to 37