



Widespread programmed
cell death in proliferative
and postmitotic regions of
the fetal cerebral cortex

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Programmed Cell Death

✦ Apoptosis

- ✦ Fragments DNA
- ✦ Nucleosomal ladders

✦ Found in post-mitotic cells

✦ Assumed not to occur in embryonic cortical development (specifically, in proliferative areas)

Experimental Goal

- ✦ Characterize the distribution and rates of PCD in the embryonic cerebral cortex (in mice) during embryonic days 10-18

In Situ End Labeling

- ✦ Identifies fragmented nuclear DNA in dying cells
 - Attaches labeled nucleotides to free DNA ends, which can then be visualized in tissue sections
- ✦ Past studies with ISEL
 - Identifies PCD specifically (Gavrieli et al, 1992)

ISEL+: Section incubated with mix containing terminal-deoxynucleotidyl-transferase (TdT) and either a) digoxigenin-11-dUTP → incubated with blocking solution 1hr → incubated with anti-digoxigenin Fab fragments overnight; or b) [³²P]dCTP → incubated at 37°C for 1hr → incubated at 65°C for 2hr; → washed

In-Situ End Labeling +

- ✦ Does it identify cells undergoing PCD?
- ✦ Does it only identify these cells, or others as well?
- ✦ Does it do this in many areas of the nervous system?

The Effectiveness of ISEL+ Labeling

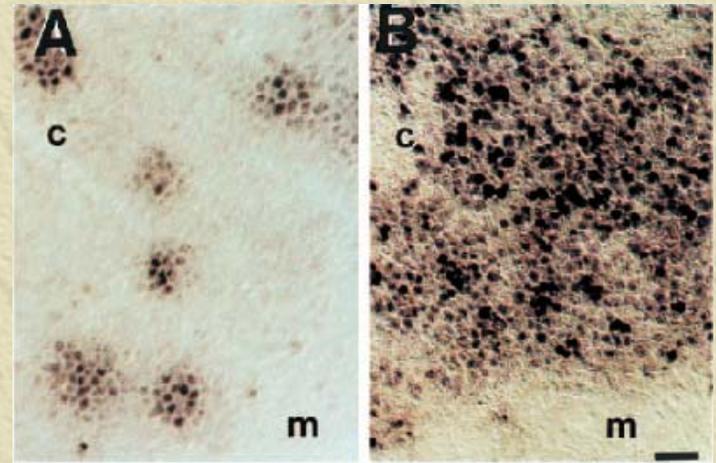
- ✦ ISEL+ in the thymus
- ✦ ISEL+ in the retina
- ✦ ISEL+ marking in vitro apoptosis
- ✦ ISEL+ under heat inactivation
- ✦ Only PCD fragments?
 - ◆ RNase
 - ◆ DNase
 - ◆ Okazaki fragments

ISEL+ in the Thymus

- ✦ Dexamethasone is known to increase PCD amongst immature T-cells
 - ISEL+ detected this effect (compared with control)
 - Primarily in thymic cortex (97% death)
- ✦ DNA fragments undergoing apoptosis (nucleosomal ladders in LMPCR)

ISEL+ labeling of dying cells:

- a) Normal thymus
- b) Dexamethasone treated thymic section



Thymus, cont.

- ✦ Similar findings in adult small intestine and embryonic limb bud
- ✦ Conclusion: ISEL+ detects normal apoptosis in thymus and other tissues, and is sensitive to relative increase in apoptosis after dexamethasone treatment

ISEL+ in the Retina

- ✦ 66% of ganglion cells from birth eliminated by the first week (Crespo et al, 1985); similar among amacrine cells during second week (Horsburgh and Sefton, 1987)
- ✦ ISEL+ found similar magnitude and time course

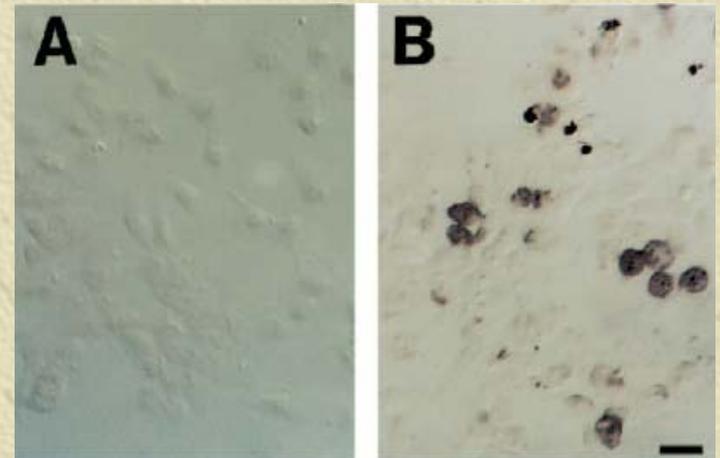
Decreasing ganglion cell death



UV-Induced Apoptosis

- ✦ Undifferentiated P19 cells grown as monolayer on coverslips
- ✦ ISEL+ found rare or no labeled cells on control slides
- ✦ ISEL+ found many labeled cells in cultures exposed to UV light

ISEL+ labeling
without UV light (A),
and with UV light (B)



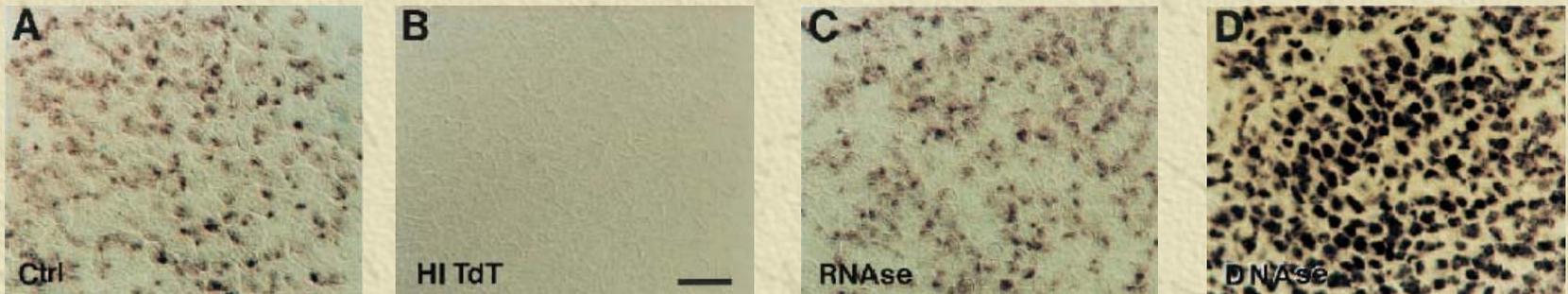
Source: Blaschke, A. J., and K. Staley, et al. "Widespread Programmed Cell Death in Proliferative and Postmitotic Regions of The Fetal Cerebral Cortex." *Development* 122, no. 4 (1996): 1165-74. Courtesy of The Company of Biologists. Used with permission.

ISEL+ Validation

- ✱ Heat inactivation prevented labeling
- ✱ RNase produced no change
- ✱ DNase allowed labeling of nearly all cells
- ✱ Conclusion: ISEL+ labels DNA but not RNA through TdT activity (not histological artifact)

From E16 mouse ventricular zone.

(A) Control; (B) Heat inactivated; (C) RNase; (D) DNase



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ISEL+ Validation, cont.

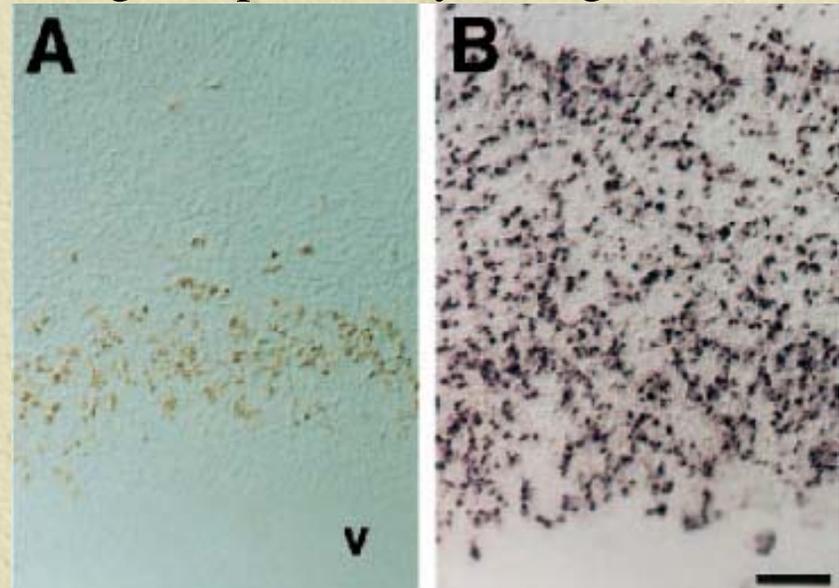
- ✦ Is ISEL+ labeling Okazaki fragments?
- ✦ Labeling with BrdU and thymidine compared with ISEL+ for cells of developing cortex:

- ✦ ISEL+ does not label the same region specifically, though there is overlap

A) BrdU and thymidine;

B) ISEL+

(immediately adjacent sections)



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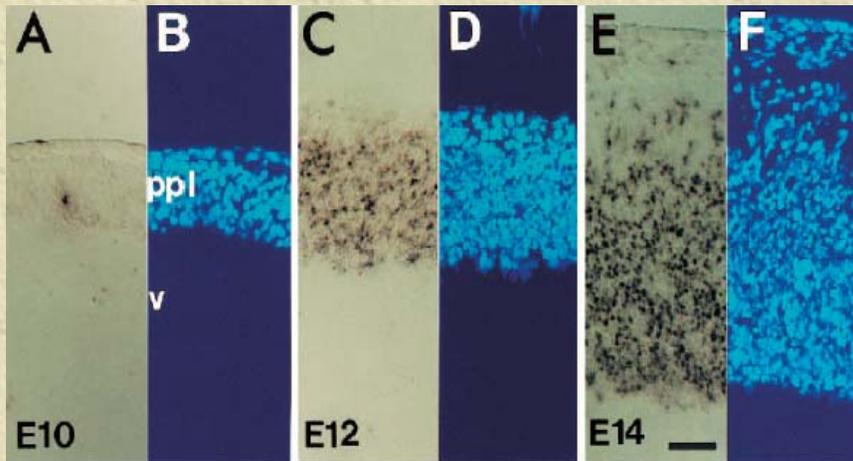
Summary

- ✦ ISEL+ recognizes PCD in 3 different systems
 - ✦ Labeling all appropriate DNA
 - ✦ Not labeling RNA
 - ✦ Not simply labeling Okazaki fragments
-
- ✦ ISEL+ seems to be a good method for labeling PCD in embryonic cortical development

ISEL+ in Embryonic Cortex

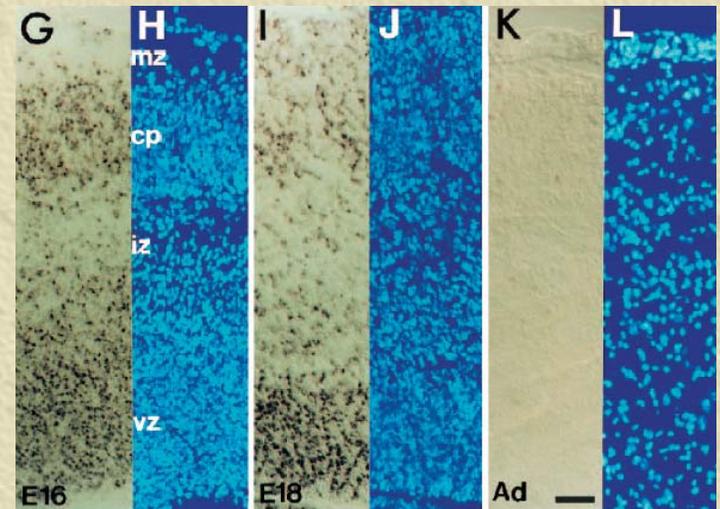
- ✦ Location and extent of PCD across E10-18, into adult cortex (of mice)
 - ✦ In proliferative zones, or just post-mitotic zones?

ISEL+ in Embryonic Cortex



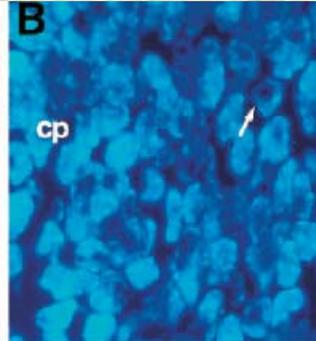
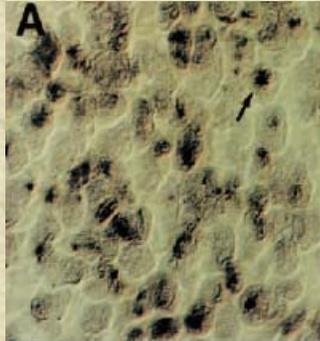
Source: Blaschke, A. J., and K. Staley, et al. "Widespread Programmed Cell Death in Proliferative and Postmitotic Regions of The Fetal Cerebral Cortex." *Development* 122, 4 (1996): 1165-74. Courtesy of The Company of Biologists. Used with permission.

- ✦ A,C,E,G,I,K: ISEL+ staining of embryonic mouse cortex
- ✦ B,D,F,H,J,L (DAPI staining):
 - ✦ Shows labeling is in nucleus
 - ✦ Also allows information about percentage

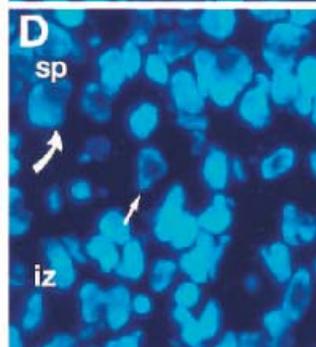


PCD Distribution

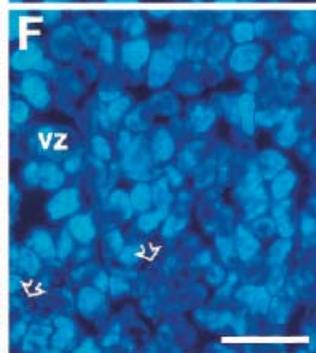
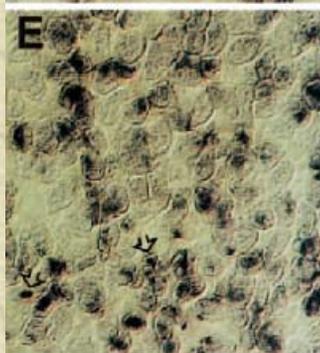
Cortical Plate
(postmitotic)



Subplate,
Intermediate
Zone
(postmitotic)



Ventricular
Zone
(proliferative)



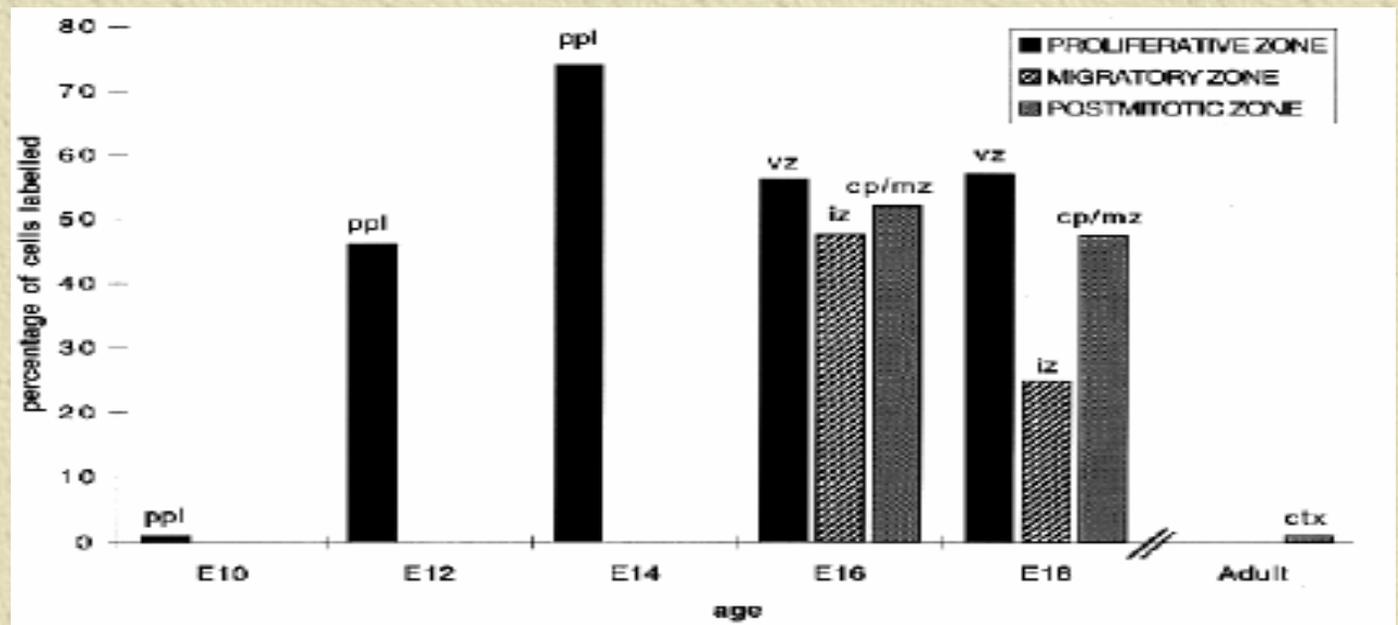
- ✦ Some post-mitotic regions
- ✦ Mostly, however, in proliferative zones
- ✦ Degree of PCD in embryonic cortex consistent with PCD documented in other parts of nervous system
- ✦ Results from LMPCR of DNA in accord with ISEL+

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All at E16

Quantitative Distribution

- ✦ Few dying cells at E10 or in adult cortex (<1% of cells)
- ✦ Death range of 25-70% (ave. 50%) from E12-E18



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Conclusions

- ✦ PCD is a major factor in embryonic cortical development
 - ✦ An average of 50% of cells undergo PCD from E12-E18 (peak at E14)
 - ✦ Most of the PCD in proliferative zones
- ✦ ISEL+ is a sensitive and effective method of labeling PCD

Implications

✦ If there is so much cell death, but overall cell numbers increase, there must be a dramatic rate of cell production

- ◆ Single blast cell estimated to give rise to 250+ neurons (Caviness et al, 1995)
- ◆ Such production, plus PCD, may explain actual numbers found

✦ Reassessing past studies

- ◆ Ex: retroviral lineage estimates of size, distribution and composition of cortical clones
 - Many clonal types may have died from PCD
 - PCD may account for discrepancies between in vitro and in vivo (larger number of cells in vitro)

Speculation

✦ PCD in proliferative zones

- ◆ PCD in postmitotic regions explained by matching of neurons to targets
- ◆ Matching is not a useful explanation in proliferative zones
- ◆ What are the mechanism(s) in proliferative zones? Different selectivities for death?

✦ Possible characterization of PCD

- ◆ Peak at E14 allows selection of first cortical neurons, with correct phenotypes, which are then a template for later generated cells
- ◆ PCD in cortex similar to PCD in thymus, where this selection does take place

Issues

✦ Okazaki fragments

✦ Rate of cell removal

- ◆ No real-time visualization

- ◆ Estimates from other studies, but they were not as sensitive as ISEL+